

The Foundation of the Pennsylvania Medical Society

2020 IMPACT REPORT

— YOUR WELLNESS. OUR PRIORITY.



The mission of the Foundation of the Pennsylvania Medical Society is to provide programs and services for individual physicians and others that improve the well-being of Pennsylvanians and sustain the future of medicine.

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The Foundation of the Pennsylvania Medical Society thanks the members of our Board of Trustees for their gracious leadership, thoughtful insight and unwavering dedication to our mission.

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MESSAGE FROM THE CHAIR



The past year has brought unprecedented challenges. In 2020, the whole world changed. We applaud the bravery and courage of our frontline workers who faced the most difficult circumstances. The Foundation of the Pennsylvania Medical Society adapted to best serve you safely during the COVID-19 pandemic by seamlessly transitioning our programs to a virtual platform.

So much has changed in 2020. We remain grateful for what is constant – your support. We could not do this life-changing work without your generosity. Because of you, we are able to continue serving our family of medicine. Thank you for making a difference.

We are grateful for your perseverance and dedication to our family of medicine during this most challenging year. Because of your support, we can provide hope for the future.

> **Virginia E. Hall, MD, FACOG, FACP** Chair, The Foundation of the Pennsylvania Medical Society

EXECUTIVE DIRECTOR REPORT



Our 2020 Impact Report allows us a moment to pause and examine the positive impact the Foundation has had on its many constituencies. In this report we bring our mission to life and provide critical data to illustrate how we fulfill our commitment to the physician community.

In this unprecedented year, as we weathered a global pandemic together, "thank you" seems less than sufficient when I search for the words to express my gratitude to our Board of Trustees, Foundation staff and the many donors for their investments of time, talent and treasure in every avenue of our life-changing work. Within the pages of this booklet, you will find details on the dozens of students we have assisted through our loans and scholarships, easing the financial burden

on the future of medicine. You will find stories from real physicians who have returned to their craft after recovering from substance use disorders, mental illness and other behavioral concerns. Finally, through our LifeGuard program, you are helping medical professionals around the country receive fair, unbiased clinical competency evaluations.

Because of our staff's nimbleness and commitment to serve, we pivoted and adjusted to ensure that there was no interruption in service during 2020. I am extremely proud of the work we have accomplished this year and I am eager to share it with you. Thank you for your continued generous support.

I am proud of the work we have done this year and I am eager to share it with you. Thank you for your continued support.

> Heather A. Wilson, MSW, CFRE, CAE Executive Director, The Foundation of the Pennsylvania Medical Society



Thanks to the generosity of Pennsylvania Medical Society Past President, Lawrence John, MD, and his matching \$10,000 donation as part of the "Dr. John Challenge" before the 2020 Pennsylvania Medical Society House of Delegates, more than \$30,000 was donated to the Foundation of the Pennsylvania Medical Society. The Foundation is grateful for Dr. John's dedication to our life-changing work.

Dr. John was a tireless champion for the Foundation's programs, especially the Physicians' Health Program and LifeGuard, during his 2020 PAMED presidency. He dedicated time and treasure to amplifying the issue of physician wellness throughout his term, addressing burnout and mental health issues.

Dr. John's tremendous act of generosity enables the Foundation to make a positive impact within our family of medicine serving medical students and physicians at every stage of their careers for many generations to come.

Thank you, Dr. John, for all that you do!

PHYSICIANS' HEALTH PROGRAM



The Foundation of the Pennsylvania Medical Society

For more than 30 years, the Physicians' Health Program (PHP) has been helping eligible medical and dental professionals across Pennsylvania during life's most challenging moments.

The PHP provides monitoring services to Pennsylvania physicians, physician assistants, dentists and other eligible licensed professionals and trainees who are experiencing issues related to substance use disorders, mental health and other behavioral concerns. The services of the PHP are confidential.

Our Mission

Our mission is to promote early identification and facilitate rehabilitation of physicians and other eligible health care professionals and trainees with concerns relating to substance use disorders, mental health disorders, and/or behavioral concerns. Our goal is to coordinate assessment and treatment as well as provide monitoring and advocacy to ensure the safe practice of their profession, and the safety of the public.

PHYSICIANS' HEALTH PROGRAM



In January, we welcomed **Edwin Kim, MD, MRO** as a part-time medical director. Dr. Kim also serves as an assistant professor in clinical psychiatry at the University of Pennsylvania and as medical director of the Charles O'Brien Center for Addiction Treatment, an outpatient addiction psychiatry clinic.



In February, we welcomed **Alice Dunkin, NPT4** as an assistant case manager. Prior to joining the PHP team, she was employed for 16.5 years at the Pennsylvania Psychiatric Institute in the Partial Hospital Program. She worked in group rooms with children and adolescents and as a resource coordinator.

In 2020, the PHP:

Received 200 total referrals
Signed 98 agreements
Average number of cases monitored per month in 2020 = 428 cases, 35 less cases per month
than 2019

REFERRALS BY LICENSE TYPE

DDS	10
DHY	19
DMD	9
DO	30
DPM	2
EFDA/DASST	7
MD	83
PA/PAC	19
ST	20
VMD	1

TOTAL NUMBER OF AGREEMENTS	98
Substance Use Disorder	50
Re-signing	17
Interstate	9
Sobriety Challenge	11
Psychiatric	5
Long-Term	4
Lifetime Agreements	4
Non-Advocacy	2
Occupational	0



The PA PHP continues to be involved with the Federation of State Physician Health Programs. Executive Director of the Foundation, Heather Wilson, MSW, CFRE, CAE is on the Board of Directors. Program Director, Tiffany Booher,



MA, LPC, CAADC, CIP, CCSM is on the Performance Enhancement and Effectiveness Review (PEER™) Committee (PEERC). Medical Director, Raymond Truex, Jr., MD, FACS, FAANS is on the Nominating committee. Medical Director, Edwin Kim, MD, MRO is on the Publications and Public Policy committees.

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In 2020, the PHP conducted its impact survey, with a response rate of 39.77 percent. An impressive 91.18 percent of respondents said, "they have an active license to practice their profession" and 85.71 percent "are working in their chosen profession."

74.29 percent of respondents were satisfied with their experience as a PHP participant.

Big accomplishments for the year:

- PHP went electronic
- Developed burnout resource for practices and health systems

STUDENT FINANCIAL SERVICES



The Foundation of the Pennsylvania Medical Society

The Foundation of the Pennsylvania Medical Society aims to ease the financial burden that medical students feel. Through scholarships and affordable loans, Pennsylvania residents attending medical school enjoy personalized customer service tailored to their unique needs.

Through contributions from donors like you, the Foundation is helping to fund the future of medicine. Since 1948, the Foundation has awarded loans and scholarships totaling \$22,610,484 to 4,707 students. With the power of your generosity, the future of medicine is bright – and affordable.

Since **1948**,

the Foundation has awarded \$22,610,484 to 4,707 students.

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In 2020, the Foundation awarded \$483,625 in loans to 54 students

Total scholarships awarded increased by nearly \$15,000 and six additional students received awards compared to 2019.

Medicine is my calling. The integration of my education, professional experiences and personal experiences has equipped me to enter the field with an unrelenting purpose. I intend to positively change the future of medicine and am poised to make an impact not only in my own community of Pittsburgh, but the world as a whole.

Stephen P. Canton

2020 Allegheny County Medical Society Student Scholarship and Foundation Education Award scholarship recipient





Medical school has been incredibly rewarding and humbling, as I realize how unique of an opportunity I am afforded. I realize every day, even in the midst of the stressors of medical school, the luxury it is to search for purpose, meaning, and fulfillment in my career. I have always been dedicated to becoming a front-line physician.

Kaleb T. Bogale 2020 Foundation Education Award Scholarship recipient

Thanks to contributions from the Foundation of the Pennsylvania Medical Society's Board of Directors and other Pennsylvania physicians,

THE FOUNDATION EDUCATION AWARD SCHOLARSHIP WAS AWARDED FOR THE FIRST TIME IN 2020 TO QUALIFIED UNDERREPRESENTED thank **MINORITY MEDICAL STUDENTS** ATTENDING AN ACCREDITED PENNSYLVANIA MEDICAL SCHOOL.

2020 ALLIANCE MEDICAL EDUCATION SCHOLARSHIP AWARD RECIPIENTS



Meaghan Dougher Penn State University College of Medicine, Class of 2022 \$2,500



McKayla Mawn Lewis Katz School of Medicine, Temple University, Class of 2022 \$2,500

ROBERT AND ARLENE OYLER AWARD

Total Disbursed: \$3,000



Matthew Duda Perelman School of Medicine, University of Pennsylvania, Class of 2021 \$3,000

DR. WILLIAM J. WEST JR. AWARD Total Disbursed: \$5,500



Kim Firn Perelman School of Medicine, University of Pennsylvania, Class of 2021 \$3,000

DAUPHIN COUNTY MEDICAL SOCIETY AWARD

Total Disbursed: \$5,000



Leah Goldberg Lewis Katz School of Medicine, Temple University, Class of 2022 \$2,500

BARBARA PRENDERGAST AWARD Total Disbursed: \$2,500



Ashlyn Brown Drexel University College of Medicine, Class of 2021 \$2,500

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2020 SCHOLARSHIP RECIPIENTS

ALLEGHENY COUNTY MEDICAL SOCIETY STUDENT SCHOLARSHIP Total Disbursed: \$4,000



Stephen P. Canton, Allegheny County University of Pittsburgh School of Medicine, Class of 2021 \$4,000

BLAIR COUNTY MEDICAL SOCIETY SCHOLARSHIP Total Disbursed: \$2,500



Naaila Ali, Blair County Lake Erie College of Osteopathic Medicine, Class of 2022 \$2,500

ENDOWMENT FOR SOUTH ASIAN STUDENTS OF INDIAN DESCENT SCHOLARSHIP Total Disbursed: \$3,000



Andrew Parambath, Montgomery County Perelman School of Medicine at University of Pennsylvania, Class of 2023 \$3,000

FOUNDATION EDUCATION AWARD SCHOLARSHIP

Total Disbursed: \$4,552



Kaleb T. Bogale, Lancaster County Penn State University College of Medicine, Class of 2022 \$2,276



Stephen P. Canton, Allegheny County University of Pittsburgh School of Medicine, Class of 2021 \$2,276

LEHIGH COUNTY MEDICAL AUXILIARY'S SCHOLARSHIP AND EDUCATIONAL FUND SCHOLARSHIP Total Disbursed: \$2,500



David S. Bailey, Lehigh County Penn State University College of Medicine, Class of 2022 \$2,500



Rosa C. Roman, Lycoming County Geisinger Commonwealth School of Medicine, Class of 2021 \$3,000

MONTGOMERY COUNTY MEDICAL SOCIETY SCHOLARSHIP – WILLIAM W. LANDER, MD, MEDICAL STUDENT SCHOLARSHIP Total Disbursed: \$4,000



Cara E. Pearson, Montgomery County Penn State University College of Medicine, Class of 2024 \$2,000



Melissa L. Stockton-Brown, Montgomery County Cooper Medical School of Rowan University, Class of 2024 \$2,000

LYCOMING COUNTY MEDICAL SOCIETY SCHOLARSHIP Total Disbursed: \$9,000



Hannah R. Bohr, Lycoming County Geisinger Commonwealth School of Medicine, Class of 2021 \$3,000



Morgan L. Chambers, Lycoming County Penn State University College of Medicine, Class of 2021 \$3,000

MYRTLE SIEGFRIED, MD, AND MICHAEL VIGILANTE, MD, SCHOLARSHIP FUND

Total Disbursed: \$2,00



Kaitlyn A. Rodriguez, Northampton County Duke University School of Medicine, Class of 2024 \$2,000

(

Wiktoria Gocal, Bucks County Drexel University College of Medicine, Class of 2023 \$5,000

Claire Cohen, Philadelphia County

Penn State University College of

SHAH FAMILY SCHOLARSHIP Total Disbursed: \$10,000

Medicine, Class of 2024

\$5.000



Sarah Fortna Jacobs School of Medicine, University at Buffalo, Class of 2023 \$1,000

SCOTT A. GUNDER, MD, DCMS PRESIDENTIAL SCHOLARSHIP Total Disbursed: \$1,500



David L. Brinton, Dauphin County Penn State University College of Medicine, Class of 2023 \$1,500



LIFEGUARD PROGRAM



Since its inception in February 2011, LifeGuard, a nationally recognized program for clinical competency assessment, has assisted 242 physicians from 29 states and the District of Columbia successfully completing the program. Over the course of the 2020 calendar year, there were 63 physicians enrolled.

Enrollment has continued to increase since LifeGuard moved to the Foundation in 2016.

At LifeGuard, we provide an unbiased and comprehensive assessment to preserve physician careers.

Marcia Lammando, RN, BSN, MHSA

In 2020, 40 physicians completed their respective LifeGuard pathway. The information is highlighted below. The number of physicians completing their program in 2020 increased by 14 percent compared to 2019.

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- Re-entry/Initial Licenses
- Reinstatement/Disciplinary Action
- FFD/Late Career Assessment
- Quality of Care
- Practice Monitoring/ATM Programs
- Preceptorship Oversight
- Professional Assessment





LIFEGUARD - COVID-19 IMPACTS

- Mandated office closures Mid-March through end of June 2020
 - o All scheduled assessments postponed until further notice
 - o All staff working remotely
 - o Responding to physicians and referral sources – LifeGuard continued to develop program proposals

- Office re-opened for very limited inperson assessments week of June 23, 2020
 - o Developed virtual assessment methodologies decreasing the amount of time for in-person assessments
 - o As COVID numbers continued to spike upwards:
 - Worked with partners to identify assessment resources in other states alleviating travel to Pennsylvania
 - Implemented virtual proctoring

LIFEGUARD ADVANCEMENTS IN 2020



- Received first referral from Michigan State Board of Medicine.
- Collaborated with the Michigan State Medical Society to explore potentially establishing "LifeGuard North."
- Converted all CME courses to live virtual participation. Collaborated with KSTAR to minimize faculty costs, etc.
- Initiated a response to ABEM for board re-eligibility assessment processes.

FINANCIAL HIGHLIGHTS

*Unaudited 2020 financials

2020 IN NUMBERS FOR THE YEARS ENDED DECEMBER 31, 2019 AND 2020

Combined Financial Highlights (Foundation, PAMED Charitable Trust, Medical Legacy Fund)

ASSETS, LIABILITIES, NET ASSETS		R (a)
	2020*	2019
Assets	\$21,066,984	\$15,869,233
Liabilities	\$2,089,295	\$2,203,190
Net Assests	\$18,977,689	\$13,666,043



SUMMARIES OF REVENUES AND EXPENSES

	2020*	2019
Contributions & Admin Grants	\$1,567,975	\$1,671,914
Project Grant	\$4,250,000	\$0
Fee for Service	\$1,015,798	\$1,167,022
Student Loan Interest Income	\$200,377	\$211,074
Investments and Other Revenues	\$1,021,878	\$1,457,385
Total Expenses	(\$2,746,820)	(\$2,704,896)
Excess Revenue Over Expenses	\$5,309,208	\$1,802,499



ANNUAL OPERATING EXPENSES

\$0.76: \$1 goes to program services\$0.14: \$1 goes to management & general administration\$0.10: \$1 goes to fundraising



REVENUE SOURCES

Fee For Services Contributions & Admin Grants Project Grants 18% 22% 60%

TOTAL PROGRAM SERVICES

Education and Service Projects	6%
Loans and Scholarships	15%
LifeGuard	31%
PHP	48%

DONORS | Thank You



Your generosity holds power. Thank you for your donation to the Foundation in 2020. Your gift changes lives.

Lori M. Storm Manager of Philanthropy and Hospital Relations Istorm@pamedsoc.org | (717) 558-7813

DISTINGUISHED LIFETIME FELLOWS

Ensuring the future through commitment of a legacy gift

The Foundation of the Pennsylvania Medical Society Fellows is an elite group who made provisions to advance the work of the Foundation in the areas of education, wellness and clinical excellence. Utilizing various estate planning tools, such as bequest gifts, charitable gift annuities and trusts, these members demonstrate their commitment to the Foundation's mission and ensure a lasting legacy of physician excellence for future generations.

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HOSPITAL SUPPORT

Ambassador \$10,000 and Above

Geisinger Medical Center ^{M&H} Lehigh Valley Hospital - Cedar Crest, Hazleton, Muhlenberg, Schuykill ^{M&H} Mount Nittany Medical Center ^{M&H} Penn Medicine at Chester ^M St. Luke's University Health Network-Bethlehem Campus M&H WellSpan York Hospital M&H

Visionary \$5,000 to \$9,999 Abington Hospital - Jefferson Health M&H

Holy Redeemer Hospital and Medical Center ^{M&H} Lehigh Valley Hospital – Pocono ^{M&H} Main Line Health ^{M&H} Penn Medicine Lancaster General Health ^{M&H} Penn State Health Milton S. Hershey Medical Center ^{M&H} Reading Hospital/Reading Health System ^{M&H} St. Mary Medical Center ^{M&H} Thomas Jefferson University Hospital ^{M&H} UPMC Altoona ^{M&H} UPMC Hamot Medical Center ^M UPMC Passavant ^M WellSpan Gettysburg Hospital ^{M&H}

Leader \$2,500 to \$4,999

Allegheny General Hospital ^M Chambersburg Hospital ^{M&H} Doylestown Hospital ^{M&H} Easton Hospital ^{M&H} Excela Health ^M Forbes Hospital ^{M&H} Grand View Hospital ^{M&H} Hahnemann University Hospital ^M Indiana Regional Medical Center ^{M&H} Jefferson Regional Medical Center ^{M&H} Moses Taylor Hospital ^M Ohio Valley General Hospital ^{M&H} Saint Vincent Health System ^M St. Luke's Sacred Heart Campus ^{M&H} The Western Pennsylvania Hospital ^M UPMC Horizon ^{M&H} UPMC Horizon ^{M&H} UPMC McKeesport ^M UPMC Pinnacle Hanover ^{M&H} UPMC Pinnacle Harrisburg ^M UPMC St. Margaret ^M Washington Health System ^{M&H} WellSpan Good Samaritan Hospital ^{M&H}

Guardian \$1,000 to \$2,499

Abington - Lansdale Hospital ^{M&H} Butler Health System ^M Chan Soon-Shiong Medical Center at Windber ^{M&H} Chestnut Hill Hospital ^M Children's Hospital of Pittsburgh ^M Conemaugh Memorial Medical Center ^H Eagleville Hospital ^H Einstein Medical Center Philadelphia ^M Evangelical Community Hospital ^M Fox Chase Cancer Center ^{M&H}

Grove City Medical Center M&H Heritage Valley Health System – Beaver ^M Heritage Valley Health System – Sewickley ^M Jeanes Hospital M&H Jefferson Health - Northeast ^M Lower Bucks Hospital ^M Magee Womens Hospital of UPMC Health System ^M Meadville Medical Center M&H Mercy Catholic Medical Center Monongahela Valley Hospital M&H Penn Highlands DuBois M&H Penn Highlands Elk M&H Philhaven ^M Phoenixville Hospital ^M Pottstown Hospital Tower Health ^M Sharon Regional Medical Center M&H St. Clair Hospital ^M St. Luke's Hospital - Palmerton Campus^M St. Luke's Hospital & Health Network – Quakertown ^M Temple University Hospital M&H Uniontown Hospital M&H UPMC - Bedford Memorial M&H UPMC Somerset M&H UPMC Susquehanna M&H UPMC Susquehanna Soldiers and Sailors M&H

Waynesboro Hospital M&H

WellSpan Ephrata Community Hospital M

Benefactor \$500 to \$999 Children's Hospital of Philadelphia ^M Clarion Hospital ^M Good Shepherd Rehabilitation ^M Millcreek Community Hospital ^{M&H} Penn Highlands Clearfield ^{M&H} Penn State Health St. Joseph ^M Roxborough Memorial Hospital ^M The Guthrie Clinic/Robert Packer Hospital ^M Tyrone Hospital ^M UPMC Northwest – Seneca ^M UPMC Pinnacle Lititz ^M UPMC Susquehanna Muncy ^{M&H} Wayne Memorial Community Health Centers ^H

Partner \$100 to \$499

Clarks Summit State Hospital ^M Conemaugh Miners Medical Center ^{M&H} Corry Memorial Hospital ^M Ellwood City Medical Center ^M Penn Highlands Brookville ^{M&H} Titusville Area Hospital ^{M&H} UPMC Kane ^M Wernersville State Hospital ^M

DONORS

Thank you for your support of the Foundation through your philanthropic gifts during 2020.



Giving Club membership is based on a donor's total gifts for the fiscal year January 1 to December 31, 2020. Annual gifts, planned gifts, endowment gifts and matching gifts to any of the Foundation's programs qualify an individual for membership in a giving club.



GIVING CLUB

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Coverys Community HealthCare Foundation Highmark Pennsylvania Medical Society Raymond C. Truex Jr., MD, FAANS, FAC

Visionary \$5,000 to \$9,999

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