



The Foundation
of the Pennsylvania Medical Society

The Foundation of the Pennsylvania Medical Society

2019 IMPACT REPORT

—— YOUR WELLNESS. OUR PRIORITY. ——



The mission of the Foundation of the Pennsylvania Medical Society is to provide programs and services for individual physicians and others that improve the well-being of Pennsylvanians and sustain the future of medicine.

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BOARD OF TRUSTEES

The Foundation of the Pennsylvania Medical Society thanks the members of our Board of Trustees for their gracious leadership, thoughtful insight and unwavering dedication to our mission.

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MESSAGE FROM THE CHAIR



At the Foundation of the Pennsylvania Medical Society, your wellness is our priority. My third year as board chair, we declared 2019 as a year of physician resilience. That theme is conveyed in this report. You'll see details about the Physician Resiliency Summit we held in June and details of the incredible impact donors and members made through giving to the Foundation, allowing us to continue this important work.

Whether you dedicate your time to helping fellow physicians during life's challenging moments, share your expertise with the next generation of medicine, or contribute to the many areas of financial need within the Foundation, I applaud your generosity. You make a difference.

The Foundation – and the life-changing work we do every day – exists because of you. Thank you for your support.

Virginia E. Hall, MD, FACOG, FACP

Chair, The Foundation of the Pennsylvania Medical Society

EXECUTIVE DIRECTOR REPORT



Thank you seems less than sufficient when I look for the words to express my gratitude to our Board of Trustees, Foundation staff and the many donors for their dedication to the Foundation of the Pennsylvania Medical Society. The power of your generosity can be seen in every avenue of our life-changing work.

Within the pages of this booklet, you will find details on the dozens of students we have assisted through our loans and scholarships, easing the financial burden on the future of medicine. You will find stories from real physicians who have returned to their craft after recovering from substance use disorders, mental illness and other behavioral concerns. Finally, through our LifeGuard program, you are helping medical professionals around the country receive fair, unbiased clinical competency evaluations.

*I am proud of the work we have done this year and
I am eager to share it with you. Thank you for your continued support.*

Heather A. Wilson, MSW, CFRE, CAE

Executive Director, The Foundation of the Pennsylvania Medical Society



Physician Resiliency Summit – Making physician health a priority

On June 5, 2019, more than 120 professionals from the field of medicine gathered at the Eden Resort in Lancaster for The Foundation of the Pennsylvania Medical Society's Physician Resiliency Summit.



Tait Shanafelt, MD, kicked off the Summit with an inspiring morning keynote session. Dr. Shanafelt is the chief wellness officer, associate dean, and Jeanie and Steward Richie Professor of Medicine at Stanford University. An international thought leader and researcher in the field of physician well-being and its implications for quality of care, he led attendees on a review of literature addressing physician satisfaction and burnout.



The afternoon keynote speaker, **Pamela Wible, MD**, began the second half of the day on a somber but critical topic – physician suicide. The family medicine physician from Eugene, Ore., shared results from her seven-year investigation into nearly 1,300 physician suicides. She provided attendees with concrete solutions to inspire individuals and institutions to safeguard the lives of wounded healers.

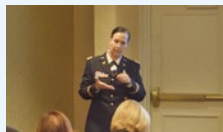
Attendees also heard from a wide variety of speakers during the breakout sessions throughout the day:



Stacia Dearmin, MD, founder of Thrive: Insight, Education and Support, led an important discussion on how to deal with the adverse outcomes of the profession.



Heather Farley, MD, chief wellness officer at Christiana Care Health System in Newark, Del., provided attendees with strategies and ideas for fostering joy in work for their own health systems.



Col. Catherine Kimball-Eayrs, chief experience officer at Walter Reed National Military Medical Center, shared lessons learned from the creation of an Office of Experience to better impact both patient and staff experiences.

CONGRATULATIONS, DR. RAYMOND TRUEX



At the 2019 Pennsylvania Medical Society House of Delegates, Raymond C. Truex, Jr., MD, FACS, FAANS received the Pennsylvania Medical Society's Distinguished Service Award. Dr. Truex is a tireless advocate for physicians in recovery.

He served as a trustee on the board of the Foundation of the Pennsylvania Medical Society from 1999 to 2016. Dr. Truex retired in 2017 after an impressive career in neurosurgery, and in July of that year, he joined the Physicians' Health Program as a part-time medical director.

Thank you, Dr. Truex, for all that you do!

PHYSICIANS' HEALTH PROGRAM



Physicians'
HEALTH
Program

The Foundation of the Pennsylvania Medical Society

For more than 30 years, the Physicians' Health Program (PHP) has been helping eligible medical and dental professionals across Pennsylvania during life's most challenging moments.

The PHP provides monitoring services to Pennsylvania physicians, physician assistants, dentists and other eligible licensed professionals and trainees who are experiencing issues related to substance use disorders, mental health and other behavioral concerns. The services of the PHP are confidential.

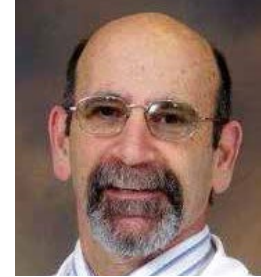
Our Mission

Our mission is to promote early identification and facilitate rehabilitation of physicians and other eligible health care professionals and trainees with concerns relating to substance use disorders, mental health disorders, and/or behavioral concerns. Our goal is to coordinate assessment and treatment as well as provide monitoring and advocacy to ensure the safe practice of their profession, and the safety of the public.

PHYSICIANS' HEALTH PROGRAM



In November, we welcomed **Katie Thiemann, LSW** as a case manager. Thiemann holds a master's degree in social work from Temple University. Prior to joining the PHP team, she provided therapeutic and case management support for youth within the juvenile justice system at Dauphin County's Youth Advocate Program Community Treatment Center as a licensed social worker.



In December, we bid happy retirement to Medical Director **Jon Shapiro, MD, DABAM, FASAM, MRO**. We are grateful for his dedication and devotion to the PHP, and for the lives he changed with his wisdom and thoughtfulness.

In 2019, the PHP:

Received **274** total referrals

Signed **134** agreements

Oversaw **445** active participants

REFERRALS BY LICENSE TYPE

MD	118
DO	45
DHY/EFDA	36
PA	22
DMD	18
DDS	17
Student	16
DPM	2

DENTAL PROFESSIONAL REFERRALS

2018	33
2019	71



TOTAL NUMBER OF AGREEMENTS

Substance Use Disorder	134
Re-signing	64
Interstate	23
Long-Term	18
Sobriety Challenge	13
Psychiatric	8
Lifetime Agreements	6
Non-Advocacy	2
Occupational	0



The PA PHP continues to be involved with the **Federation of State Physician Health Programs.** Foundation Executive Director Heather Wilson, MSW, CFRE, CAE is on the Board of Directors.



In 2019, the PHP conducted its impact survey, with a response rate of 57.4 percent. An impressive 92 percent of respondents said, “they have an active license to practice their profession and are working in their chosen profession.”



78 percent of respondents were satisfied with their experience as a PHP participant.

I love sobriety and all of its benefits. I am alive and well today in part due to the great work offered by the PHP to allow me to continue my successful medical career.

Dr. Steven Heird, PHP
Advisory Committee



The work that the PHP does daily, helping health care professionals, is inspiring and so meaningful to me.

Dr. Charles Burns

*PHP Advisory Committee member,
2013-2019*



Part of my duty to make amends for the past is to be present and of maximum service to others today. The PHP has given me a beautiful opportunity to do this.”

Laura Dellaquadri, PAC

PHP Advisory Committee chair



The Foundation of the Pennsylvania Medical Society

The Foundation of the Pennsylvania Medical Society aims to ease the financial burden that medical students feel. Through scholarships and affordable loans, Pennsylvania residents attending medical school enjoy personalized customer service tailored to their unique needs.

Through contributions from donors like you, the Foundation is helping to fund the future of medicine. Since 1948, the Foundation has awarded loans and scholarships totaling \$22,066,807 to 4,673 students. With the power of your generosity, the future of medicine is bright – and affordable.



Since **1948**,
the Foundation has awarded **\$22,066,807**
to **4,673 students**.



THE FOUNDATION AWARDED
19 scholarships
totaling **\$45,264**
to **15 medical students**



In 2019, the Foundation awarded
\$594,000 in loans to 69 students

The average individual award increased by nearly
\$1,000 over the 2018 average loan award amount

My generation will be practicing in a new era of advanced medicine, but we must remember to never diminish the ‘human’ component of healing,” he said. “The most important contribution I can guarantee is my assurance that I will always do my best to provide compassionate and comprehensive care to my patients, with the aim of helping them persevere through their most challenging times.

Tyler Lawson Bogaczyk


2019 Lycoming County Medical Society Student Scholarship recipient



A major reason why I decided to specialize in family medicine is because essential to its practice is the understanding that an individual’s health does not begin or end at the physician’s office door or the entrance to the hospital,” she said. “I know that in order to best support my community and to best lead my community, I need to advocate just as much for city maintenance funding, business funding, school funding, and job growth initiatives as I do for improved health care policies and better access to health insurance.

Sarah Minney

2019 Allegheny County Medical Society Foundation Student Scholarship recipient



**The Shah Family
Scholarship
added an additional
scholarship award of**



**\$5,000 TO
SECOND-YEAR STUDENTS**

2019 SCHOLARSHIP RECIPIENTS

ALLEGHENY COUNTY MEDICAL SOCIETY STUDENT SCHOLARSHIP

**Sarah Minney, Allegheny County Medical Society
Medical Student Scholarship**

University of Pittsburgh School of Medicine – \$4,000

ALLIANCE MEDICAL EDUCATION SCHOLARSHIP

Benjamin J. Carnahan, Armstrong County

Penn State University College of Medicine

Barbara Prendergast Award – \$2,500

Mathew M. Duda, Montgomery County

Perelman School of Medicine at

University of Pennsylvania

Robert & Arlene Oyler Award – \$3,000

Jacob A. Jerome, Allegheny County

University of Pittsburgh School of Medicine

\$2,500

Amelia M. Mackarey, Lackawanna County

Geisinger Commonwealth School of Medicine

William J. West, Jr., MD Award – \$3,000

Zachary M. Weisner, Jefferson County

Lake Erie College of Osteopathic Medicine

Dauphin County Medical Society Alliance

Award – \$2,500

ENDOWMENT FOR S. ASIAN STUDENTS OF INDIAN DESCENT SCHOLARSHIP

Anjana Sinha, Mercer County, New Jersey

Penn State University College of Medicine – \$3,000

LEHIGH COUNTY MEDICAL AUXILIARY SCHOLARSHIP AND EDUCATION FUND

David S. Bailey, Lehigh County

Penn State University College of Medicine

\$2,500

**LYCOMING COUNTY MEDICAL SOCIETY
SCHOLARSHIP**

Tyler L. Bogaczyk, Lycoming County

Geisinger Commonwealth School of Medicine

\$3,000

**MONTGOMERY COUNTY MEDICAL SOCIETY
WILLIAM W. LANDER, MD, MEDICAL STUDENT
SCHOLARSHIP**

Sara M. Briker, Montgomery County

Perelman School of Medicine at

University of Pennsylvania

\$2,000

Andrew Parambath, Montgomery County

Perelman School of Medicine at

University of Pennsylvania

\$2,000

**MYRTLE SIEGFRIED, MD, AND
MICHAEL VIGILANTE, MD SCHOLARSHIP**

Sarah N. Fortna, Berks County

Jacobs School of Medicine University at Buffalo

\$1,000

**SCOTT A. GUNDER, MD, DCMS PRESIDENTIAL
SCHOLARSHIP**

Abby R. London, York County

Penn State University College of Medicine

\$1,500

SHAH FAMILY SCHOLARSHIP

Donald K. Detchou, Philadelphia County

Perelman School of Medicine at

University of Pennsylvania

\$5,000

Navya M. George, Philadelphia County

Sidney Kimmel Medical College at Thomas Jefferson

\$5,000

FOUNDATION EDUCATION AWARD

Tyler L. Bogaczyk, Lycoming County

Geisinger Commonwealth School of Medicine

\$691

Sarah M. Briker, Montgomery County

Perelman School of Medicine at

University of Pennsylvania

\$691

Donald K. Detchou, Philadelphia County

Perelman School of Medicine at University of Pennsylvania

\$691

Navya M. George, Philadelphia County

Sidney Kimmel Medical College at Thomas Jefferson

\$691

LIFEGUARD PROGRAM



Since its inception in February 2011, LifeGuard, a nationally recognized program for clinical competency assessment, has 204 physicians from 28 states and the District of Columbia successfully completing the program. Over the course of the 2019 calendar year, there were 58 physicians enrolled.

Enrollment has continued to increase since LifeGuard moved to the Foundation in 2016. As noted on page 22, there has been a 172 percent growth in enrollment over the last four years.

At LifeGuard, we provide an unbiased and comprehensive assessment to preserve physician careers.

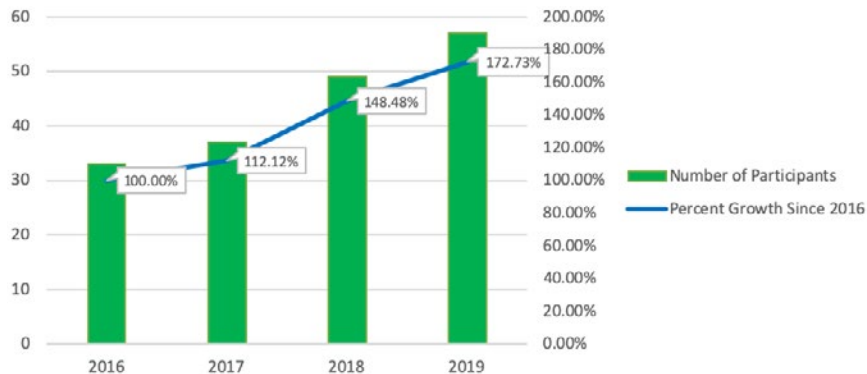
Marcia Lammando, RN, BSN, MHSA

In 2019, 35 physicians completed their respective LifeGuard pathway. The information is highlighted below. The number of physicians completing their program in 2019 increased by 17 percent compared to 2018.

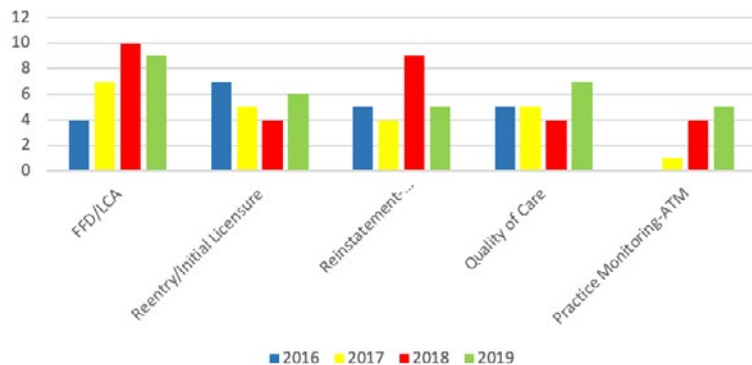
- Re-entry/Initial Licenses 6
- Reinstatement/Disciplinary Action 5
- FFD/Late Career Assessment 9
- Quality of Care 7
- Practice Monitoring/ATM Programs 5
- Preceptorship Oversight 2
- Professional Assessment 1

Since inception, LifeGuard has served physicians in 24 states and the District of Columbia.





The top five program types completed over the CY's of 2016-2019 are demonstrated below.



Growth continues to trend upward for Fitness for Duty/Late-Career Physician Evaluations, Re-entry/Initial Licensure, and Quality of Care. Since the introduction of the Practice Monitoring/ATM Programs, enrollment has increased. (These programs are typical multi-year programs based on consent order terms; with a physician enrolling in one year and not completing the program for a number of years).

ASSESSMENT, TRAINING AND MONITORING PROGRAMS

In response to the opioid crisis and addiction, LifeGuard developed the opioid and buprenorphine Assessment, Training, and Monitoring (ATM) programs in 2018.

As can be seen by the current enrollment, these programs have sparked significant interest from state boards. Referrals continue to trend upwards. The ATM team of physicians, board certified in pain management, addiction medicine, family and internal medicine, surgery and other relevant specialties, along with PharmDs and registered nurses, conduct audits of the enrollees' compliance with guidelines, standards of care and legislated requirements for prescribing opioids, buprenorphine and controlled substances.

Training on appropriate prescribing and documentation, as well as continued monitoring to determine sustained improvement, is ongoing throughout the term of practice monitoring.



FINANCIAL HIGHLIGHTS

**Unaudited 2019 financials*

2019 IN NUMBERS FOR THE YEARS ENDED DECEMBER 31, 2018 AND 2019

Combined Financial Highlights (Foundation, PAMED Charitable Trust, Medical Legacy Fund)



ASSETS, LIABILITIES, AND NET ASSETS

	2019*	2018
Assets	\$15,869,233	\$14,197,467
Liabilities	\$2,203,190	\$2,340,607
Net Assests	\$13,666,043	\$11,856,860



SUMMARIES OF REVENUES AND EXPENSES

	2019*	2018
Contributions & Grants	\$1,671,914	\$1,608,968
Fee for Service	\$1,167,022	\$1,044,979
Student Loan Interest Income	\$211,074	\$183,850
Investment & Other Revenues	\$1,457,385	(\$506,058)
Total Expenses	(\$2,704,896)	(\$2,263,815)
Excess Revenue Over Expenses	\$1,802,499	\$67,924



ANNUAL OPERATING EXPENSES

\$0.75 : \$1 goes to program services

\$0.16 : \$1 goes to management & general administration

\$0.09 : \$1 goes to fundraising



REVENUE SOURCES

Student Loan Interest Income	7%
Fee For Services	38%
Contributions & Grants	55%



TOTAL PROGRAM SERVICES

Education and Service Projects	5%
Loans and Scholarships	9%
LifeGuard	34%
PHP	52%



Your generosity holds power. Thank you for your donation to the Foundation in 2019. Your gift changes lives.

Lori M. Storm

Manager of Philanthropy and Hospital Relations

lstorm@pamedsoc.org | (717) 558-7861

DISTINGUISHED LIFETIME FELLOWS

Ensuring the future through commitment of a legacy gift

The Foundation of the Pennsylvania Medical Society Fellows is an elite group who made provisions to advance the work of the Foundation in the areas of education, wellness and clinical excellence. Utilizing various estate planning tools, such as bequest gifts, charitable gift annuities and trust, these members demonstrate their commitment to the Foundation's mission and ensure lasting legacy of physician excellence for future generations.

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Dr. and Mrs. Jasper G. Chen See*

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● HOSPITAL SUPPORT

Ambassador \$10,000 and Above

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 Lehigh Valley Hospital - Cedar Crest, Hazleton,
 Muhlenberg, Schuylkill ^{M & H}
 Mount Nittany Medical Center ^{M & H}
 Penn Medicine at Chester ^M

St. Luke's University Health Network-
 Bethlehem Campus ^{M & H}
 WellSpan York Hospital ^{M & H}

● **Visionary \$5,000 to \$9,999**

Abington Hospital - Jefferson Health ^{M & H}

Holy Redeemer Hospital and Medical Center ^{M & H}
 Lehigh Valley Hospital – Pocono ^{M & H}
 Main Line Health ^{M & H}
 Penn Medicine Lancaster General Health ^{M & H}
 Penn State Health Milton S. Hershey Medical Center ^{M & H}
 Reading Hospital/Reading Health System ^{M & H}
 St. Mary Medical Center ^{M & H}
 Thomas Jefferson University Hospital ^{M & H}
 UPMC Altoona ^{M & H}
 UPMC Hamot Medical Center ^M
 UPMC Passavant ^M
 WellSpan Gettysburg Hospital ^{M & H}

● **Leader \$2,500 to \$4,999**

Allegheny General Hospital ^M
 Chambersburg Hospital ^{M & H}
 Doylestown Hospital ^{M & H}
 Easton Hospital ^{M & H}
 Excelsa Health ^M
 Forbes Hospital ^{M & H}
 Grand View Hospital ^{M & H}
 Hahnemann University Hospital ^M
 Indiana Regional Medical Center ^{M & H}
 Jefferson Regional Medical Center ^{M & H}

Moses Taylor Hospital ^M
 Ohio Valley General Hospital ^{M & H}
 Saint Vincent Health System ^M
 St. Luke's Sacred Heart Campus ^{M & H}
 The Western Pennsylvania Hospital ^M
 UPMC Horizon ^{M & H}
 UPMC McKeesport ^M
 UPMC Pinnacle Hanover ^{M & H}
 UPMC Pinnacle Harrisburg ^M
 UPMC St. Margaret ^M
 Washington Health System ^{M & H}
 WellSpan Good Samaritan Hospital ^{M & H}

● **Guardian \$1,000 to \$2,499**

Abington - Lansdale Hospital ^{M & H}
 Butler Health System ^M
 Chan Soon-Shiong Medical Center at Windber ^{M & H}
 Chestnut Hill Hospital ^M
 Children's Hospital of Pittsburgh ^M
 Conemaugh Memorial Medical Center ^H
 Eagleville Hospital ^H
 Einstein Medical Center Philadelphia ^M
 Evangelical Community Hospital ^M
 Fox Chase Cancer Center ^{M & H}

Grove City Medical Center ^{M & H}
 Heritage Valley Health System – Beaver ^M
 Heritage Valley Health System – Sewickley ^M
 Jeanes Hospital ^{M & H}
 Jefferson Health - Northeast ^M
 Lower Bucks Hospital ^M
 Magee Womens Hospital of UPMC Health System ^M
 Meadville Medical Center ^{M & H}
 Mercy Catholic Medical Center ^H
 Monongahela Valley Hospital ^{M & H}
 Penn Highlands DuBois ^{M & H}
 Penn Highlands Elk ^{M & H}
 Philhaven ^M
 Phoenixville Hospital ^M
 Pottstown Hospital Tower Health ^M
 Sharon Regional Medical Center ^{M & H}
 St. Clair Hospital ^M
 St. Luke's Hospital - Palmerton Campus ^M
 St. Luke's Hospital & Health Network – Quakertown ^M
 Temple University Hospital ^{M & H}
 Uniontown Hospital ^{M & H}
 UPMC - Bedford Memorial ^{M & H}
 UPMC Somerset ^{M & H}
 UPMC Susquehanna ^{M & H}
 UPMC Susquehanna Soldiers and Sailors ^{M & H}
 Waynesboro Hospital ^{M & H}

WellSpan Ephrata Community Hospital ^M

● **Benefactor \$500 to \$999**

Children's Hospital of Philadelphia ^M
 Clarion Hospital ^M
 Good Shepherd Rehabilitation ^M
 Millcreek Community Hospital ^{M & H}
 Penn Highlands Clearfield ^{M & H}
 PennState Health St. Joseph ^M
 Roxborough Memorial Hospital ^M
 The Guthrie Clinic/Robert Packer Hospital ^M
 Tyrone Hospital ^M
 UPMC Northwest – Seneca ^M
 UPMC Pinnacle Lititz ^M
 UPMC Susquehanna Muncy ^{M & H}
 Wayne Memorial Community Health Centers ^H

● **Partner \$100 to \$499**

Clarks Summit State Hospital ^M
 Conemaugh Miners Medical Center ^{M & H}
 Corry Memorial Hospital ^M
 Ellwood City Medical Center ^M
 Penn Highlands Brookville ^{M & H}
 Titusville Area Hospital ^{M & H}
 UPMC Kane ^M
 Wernersville State Hospital ^M

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Thank you for your support of the Foundation through your philanthropic gifts during 2019.



Giving Club membership is based on a donor's total gifts for the fiscal year January 1 to December 31, 2019. Annual gifts, planned gifts, endowment gifts and matching gifts to any of the Foundation's programs qualify an individual for membership in a giving club.



GIVING CLUB | Annual Giving Level

Ambassador	\$10,000 or more
Visionary	\$5,000 to \$9,999
Leader	\$2,500 to \$4,999
Guardian	\$1,000 to \$2,499
Benefactor	\$500 to \$999
Partner	\$100 to \$499
Contributor	Up to \$99

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for our benefactor, partner and
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Lehigh Cty Med. Auxiliary's Scholarship &
Educational Fund

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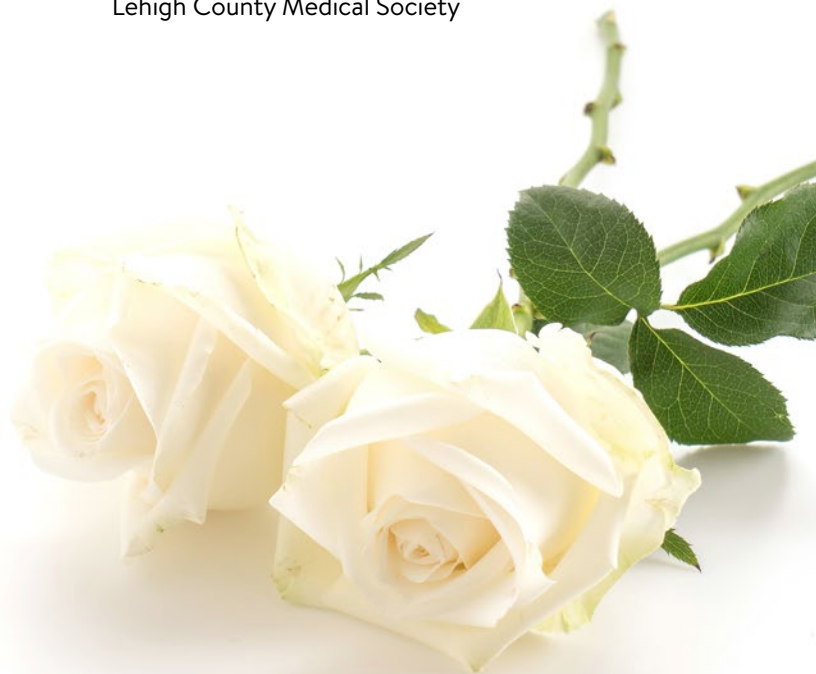
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- in honor of outgoing PAMED President Danae Powers, MD
- in celebration of PAMED President-Elect Lawrence John, MD
- to the Alliance Medical Education Scholarship Fund in celebration of the Pennsylvania Medical Alliance
- in celebration of Dr. Raymond C. Truex, Jr.'s PAMED Distinguished Service Award

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