

The Foundation of the Pennsylvania Medical Society

THE POWER
of Your Generosity
— 2018 IMPACT REPORT —



The Foundation
of the Pennsylvania Medical Society



The mission of the Foundation of the Pennsylvania Medical Society is to provide programs and services for individual physicians and others that improve the well-being of Pennsylvanians and sustain the future of medicine.

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BOARD OF TRUSTEES

The Foundation of the Pennsylvania Medical Society thanks the members of our Board of Trustees for their gracious leadership, thoughtful insight and unwavering dedication to our mission.

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MESSAGE FROM THE CHAIR



In my second year as chair of the Foundation, I have felt the power of your generosity. It is a theme that we explore in this report, which details the impact that donors and members have through giving to the Foundation.

Whether you dedicate your time to helping fellow physicians during life's challenging moments, share your expertise with the next generation of medicine, or contribute to the many areas of financial need within the Foundation, I applaud your enthusiasm for our life-changing organization. The Foundation – and the work we do every day – exists because of you.

*Thank you for your support now and in the future.
It is because of you that we are able to change lives.*

Virginia E. Hall, MD, FACOG, FACP
Chair, The Foundation of the Pennsylvania Medical Society

EXECUTIVE DIRECTOR REPORT



Thank you seems less than sufficient when I look for the words to express my gratitude to our Board of Trustees, Foundation staff and the many donors for their dedication to the Foundation of the Pennsylvania Medical Society. The power of your generosity can be seen in every avenue of our life-changing work.

Within the pages of this booklet, you will find details on the dozens of students we have assisted through our loans and scholarships, easing the financial burden on the future of medicine. You will find stories from real physicians who have returned to their craft after recovering from substance use disorders, mental illness and other behavioral concerns. Finally, through our LifeGuard® program, you are helping medical professionals around the country receive fair, unbiased clinical competency evaluations.

*I am proud of the work we have done this year and
I am eager to share it with you. Thank you for your continued support.*

Heather A. Wilson, MSW, CFRE

Executive Director, The Foundation of the Pennsylvania Medical Society

PHYSICIANS' HEALTH PROGRAM



**Physicians'
HEALTH
Program**

The Foundation of the Pennsylvania Medical Society

For more than 30 years, the Physicians' Health Program (PHP) has been helping eligible medical and dental professionals across Pennsylvania during life's most challenging moments.

The PHP provides monitoring services to Pennsylvania physicians, physician assistants, dentists and other eligible licensed professionals and trainees who are experiencing issues related to substance use disorders, mental health and other behavioral concerns. The services of the PHP are confidential.

STAFF UPDATES

The staff of the PHP are always striving to better serve their participants. We applaud the following accomplishments from this year.

- **Barbara Dillow** received her certification as a Certified Allied Addiction Practitioner (CAAP)
- **Jon Shapiro, MD** received certification as a Medical Review Officer (MRO)
- **Tiffany Booher** upgraded her CADC to a CAADC – Certified Advanced Alcohol and Drug Counselor, and obtained her license as a Professional Counselor (LPC)

In 2018, the PHP:

Received **255** total referrals

Signed **147** agreements

Oversaw **461** active participants

REFERRALS BY LICENSE TYPE

MD	129
Student	34
DO	34
PA	25
DMD	11
DDS	11
DHY/EFDA	9
DPM	2

MEDICAL STUDENT REFERRALS

2017	18
2018	34

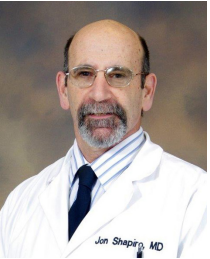


TOTAL NUMBER OF AGREEMENTS

Substance Use Disorder	147
Re-signing	66
Interstate	28
Sobriety Challenge	15
Psychiatric	13
Long-Term	7
Lifetime Agreements	6
Non-Advocacy	6
Occupational	5
	1



22 EDUCATIONAL PRESENTATIONS



Healthy doctors provide better care.

Jon Shapiro
MD, DABAM, MRO

The PA PHP continues to be involved with the Federation of State Physician Health Programs. Medical Director Jon Shapiro, MD, DABAM, MRO is on the board of directors.



In 2018, the PHP conducted its first-ever impact survey, with a response rate of 34 percent. An impressive 95.45 percent of respondents said they have an active license to practice their profession and are working in their current profession.



59.09 percent of respondents were extremely satisfied with their experience as a PHP participant.

From the beginning, I sensed the PHP had a heart and soul. Every person I encountered worked to help us become the best practitioners possible. They worked us even when we were antagonistic.

Dr. Charlie Burns
Six-year PHP
Committee member



Dr. Jon Lepley established a medication-assisted treatment program that has radically changed the lives of inmates suffering from substance use disorders, increasing their likelihood of achieving sobriety and maintaining it upon release from jail.

I would not have been able to develop this program which has touched so many lives if not for the PHP. I give back to the PHP by serving on an Advisory Committee and providing financial donations when I can. I give back so that the program is here for other physicians who feel hopeless, isolated and have lost their way in life.

Jon Lepley, DO
Physician in the Philadelphia jail system

STUDENT FINANCIAL SERVICES



The Foundation of the Pennsylvania Medical Society

The Foundation of the Pennsylvania Medical Society aims to ease the financial burden that medical students feel. Through scholarships and affordable loans, Pennsylvania residents attending medical school enjoy personalized customer service tailored to their unique needs.

Through contributions from donors like you, the Foundation is helping to fund the future of medicine. Since 1948, the Foundation has awarded loans and scholarships totaling \$21,427,543 to 4,633 students. With the power of your generosity, the future of medicine is bright – and affordable.



Since **1948**,
the Foundation has awarded **\$21,427,543**
to **4,633 students**.



THE FOUNDATION AWARDED
\$596,000 in loans
to **78 students**



\$46,500 more was disbursed than in **2017**
(nearly 8% higher than the preceding year)

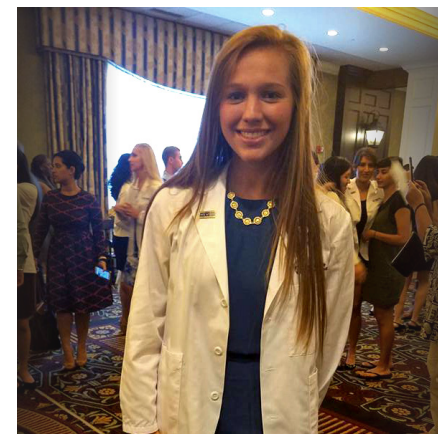
8 additional students' loans
were funded in 2018 compared to 2017



I believe one of the greatest services we can provide for our patients is to promote the wellness of those who will be caring for them.

Mara K. Rice-Stubbs

Allegheny County Medical Society Medical Student Scholarship, 2018 recipient



I hope to bring back to medicine, no matter what specialty I am in or patient I am seeing, the importance of patient-doctor relationships, and treating the entire person, not just the symptoms.

Morgan L. Chambers

Lycoming County Medical Society Scholarship, 2018 recipient



THE FOUNDATION ALSO AWARDED

26 scholarships
totaling **\$55,675**
to **20 medical students**

The Shah Family Scholarship
was awarded for the first time in 2018 –

1 STUDENT RECEIVED \$5,000

2018 SCHOLARSHIP RECIPIENTS

ALLEGHENY COUNTY MEDICAL SOCIETY MEDICAL STUDENT SCHOLARSHIP

Mara K. Rice-Stubbs, Allegheny County
University of Pittsburgh School of Medicine
\$4,000

ALLIANCE MEDICAL EDUCATION SCHOLARSHIP

Benjamin J. Carnahan, Armstrong County
Penn State University College of Medicine
\$2,500

Sarah M. Minney, Allegheny County
University of Pittsburgh School of Medicine
\$2,500

Gillian R. Naro, Dauphin County
Penn State University College of Medicine
The Dauphin County Medical Society Alliance Award
\$2,500

Cristine H. Oh, Allegheny County
University of Pittsburgh School of Medicine
The Barbara Prendergast Award
\$2,500

Grace O'Neill, Luzerne County
Penn State University College of Medicine
\$2,500

Katherine E. Shoemaker, Adams County
Penn State University College of Medicine
\$2,500

Carly E. Sokach, Luzerne County
Sidney Kimmel Medical College at Thomas Jefferson
The Robert and Arlene Oyler Award
\$3,000

Kent D. Upham, Bradford County
Penn State University College of Medicine
The William J. West Jr., MD Award
\$2,500

Meghann E. Zapcic, Lancaster County
Lewis Katz School of Medicine at Temple University
\$2,500

BLAIR COUNTY MEDICAL SOCIETY SCHOLARSHIP

Mark M. Zaki, Blair County
Harvard Medical School
\$2,500

ENDOWMENT FOR SOUTH ASIAN STUDENTS OF INDIAN DESCENT SCHOLARSHIP

Keerthy D. Joseph, Delaware County
Philadelphia College of Osteopathic Medicine
\$2,000

FOUNDATION EDUCATION AWARD

Benjamin J. Carnahan, Armstrong County
Penn State University College of Medicine
\$535

Keerthy D. Joseph, Delaware County
Philadelphia College of Osteopathic Medicine
\$535

Adjoa A. Mante, Montgomery County
Perelman School of Medicine, University of Pennsylvania
\$535

Sarah M. Minney, Allegheny County
University of Pittsburgh School of Medicine
\$535

Mara K. Rice-Stubbs, Allegheny County
University of Pittsburgh School of Medicine
\$535

LEHIGH COUNTY MEDICAL AUXILIARY'S SCHOLARSHIP AND EDUCATIONAL FUND

Carly G. Muller, Lehigh County
University of Miami Miller School of Medicine
\$2,500

LYCOMING COUNTY MEDICAL SOCIETY SCHOLARSHIP

Hannah R. Bohr, Lycoming County
Geisinger Commonwealth School of Medicine
\$3,000

Morgan L. Chambers, Lycoming County
Penn State University College of Medicine
\$3,000

MONTGOMERY COUNTY MEDICAL SOCIETY – WILLIAM W. LANDER, MD, MEDICAL STUDENT SCHOLARSHIP

Mary Chen, Montgomery County
Johns Hopkins University School of Medicine
\$2,000

Adjoa A. Mante, Montgomery County
Perelman School of Medicine, University of Pennsylvania
\$2,000

MYRTLE SIEGFRIED, MD, AND MICHAEL VIGILANTE, MD SCHOLARSHIP

Elizabeth Y. Joseph, Northampton County
New York University School of Medicine
\$1,000

SCOTT A. GUNDER, MD, DCMS PRESIDENTIAL SCHOLARSHIP

Gillian R. Naro, Dauphin County
Penn State University College of Medicine
\$1,500

Naseem Zomorodi, Cumberland County
Penn State University College of Medicine
\$1,500

SHAH FAMILY SCHOLARSHIP

Chinaemelum C. Akpunonu, Philadelphia County
Lewis Katz School of Medicine at Temple University
\$5,000

LIFEGUARD® PROGRAM



LifeGuard® is a nationally recognized program providing an independent and fair assessment when a physician’s competency is called into question. Since February 2011, 170 physicians from 24 states and the District of Columbia have completed our programs. The majority of the physicians are from Pennsylvania or seeking licensure in the commonwealth, with 41 percent of the participants coming from out-of-state.

Whether a physician has taken a decade off to raise her family and wants to return to work or an aging surgeon is in need of evaluation to determine what the next stage of his career looks like, LifeGuard® aims to facilitate higher performing physicians and promote patient safety while ensuring quality of medical care.

We are really trying to preserve physicians’ careers.

Marcia A. Lammando, RN, BSN, MHSA
LifeGuard® Program Director

In 2018, 33 physicians enrolled and completed their respective programs.

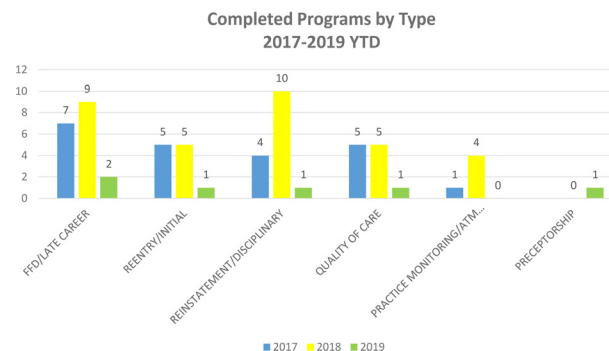
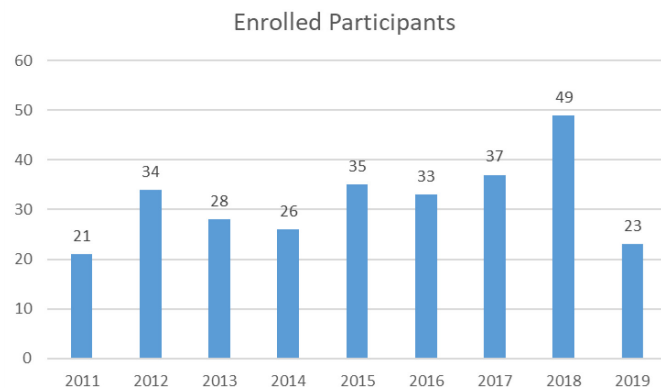
Completed Program Type & Number of Physicians

Re-instatement/Disciplinary action	10
Fitness for duty/Late-career assessment	9
Re-entry/Initial licenses	6
Quality of care	5
Practice monitoring/ATM programs	4



The graph to the right shows the program completion for 2017-2019 YTD. As demonstrated, fitness for duty/late-career assessments, and reinstatement following a disciplinary action continue to trend as the highest program-type categories.

Since the introduction of practice monitoring and ATM programs, referrals for these programs continue to be requested more frequently.



It should be noted that practice monitoring and ATM programs are typically multi-year enrollments, spanning a board-specified time period of one-to-five years. A physician may enroll in one year and not complete his/her program until many years later.

Enrollment in the LifeGuard® program continues to increase, with the greatest increase since program inception occurring in 2018.

There were 49 participants enrolled during 2018, which was a 34 percent increase when compared to 2017.

ASSESSMENT, TRAINING AND MONITORING PROGRAMS

In response to the opioid crisis and addiction, LifeGuard® developed the opioid and buprenorphine Assessment, Training, and Monitoring (ATM) programs in 2018.

As can be seen by the current enrollment, these programs have sparked significant interest from state boards. Referrals continue to trend upwards. The ATM team of physicians, board certified in pain management, addiction medicine, family and internal medicine, surgery and other relevant specialties, along with PharmDs and registered nurses, conduct audits of the enrollees' compliance with guidelines, standards of care and legislated requirements for prescribing opioids, buprenorphine and controlled substances.

Training on appropriate prescribing and documentation, as well as continued monitoring to determine sustained improvement, is ongoing throughout the term of practice monitoring process.



FINANCIAL HIGHLIGHTS

**Unaudited 2018 financials*

2018 IN NUMBERS FOR THE YEARS ENDED DECEMBER 31, 2018 AND 2017

Combined Financial Highlights (Foundation, PAMED Charitable Trust, Medical Legacy Fund)



ASSETS,
LIABILITIES, AND
NET ASSETS

	2018*	2017
Assets	\$14,194,293	\$14,416,093
Liabilities	\$2,340,607	\$2,627,157
Net Assests	\$11,853,686	\$11,788,936



SUMMARIES OF REVENUES
AND EXPENSES

	2018*	2017
Contributions & Grants	\$1,608,968	\$1,296,328
Fee for Service	\$1,044,980	\$1,050,808
Student Loan Interest Income	\$183,850	\$158,256
Investment & Other Revenues	(\$499,207)	\$1,101,359
Total Expenses	(\$2,264,997)	(\$2,387,602)
Excess Revenue Over Expenses	\$73,594	\$1,219,149



ANNUAL OPERATING EXPENSES

\$0.74 : \$1 goes to program services

\$0.18 : \$1 goes to management & general administration

\$0.08 : \$1 goes to fundraising



REVENUE
SOURCES

Student Loan Interest Income	6%
Fee For Services	37%
Contributions & Grants	57%



TOTAL PROGRAM
SERVICES

Education and Service Projects	5%
Loans and Scholarships	17%
LifeGuard®	34%
PHP	44%



Your generosity holds power. Thank you for your donation to the Foundation in 2018. Your gift changes lives.

Lori M. Storm
Manager of Philanthropy and Hospital Relations
lstorm@pamedsoc.org | (717) 558-7861

DISTINGUISHED LIFETIME FELLOWS

Ensuring the future through commitment of a legacy gift

The Foundation of the Pennsylvania Medical Society Fellows is an elite group who made provisions to advance the work of the Foundation in the areas of education, wellness and clinical excellence. Utilizing various estate planning tools, such as bequest gifts, charitable gift annuities and trusts, these members demonstrate their commitment to the Foundation's mission and ensure lasting legacy of physician excellence for future generations.

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Dr. Jasper G. Chen See* and Mrs. Colleen Chen See

Dr. James M. Cole* and Mrs. Marion Cole
Dr. Jeanne A. Cooper*
Drs. Harold R. Cottle* and Betty L. Cottle

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Dr. and Mrs. Fred Teichman
Dr. Raymond C. Truex Jr.
Dr. and Mrs. George J. Vukmer
Dr. and Mrs. Leonard B. Zadecky

* = Deceased

HOSPITAL SUPPORT

Ambassador \$10,000 and Above

Geisinger Medical Center ^{M & H}
Lehigh Valley Hospital - Cedar Crest, Hazleton,
Muhlenberg, Schuylkill ^{M & H}
Mount Nittany Medical Center ^{M & H}
Penn Medicine at Chester ^M

St. Luke's University Health Network-
Bethlehem Campus ^{M & H}
WellSpan York Hospital ^{M & H}

Visionary \$5,000 to \$9,999

Abington Hospital - Jefferson Health ^{M & H}

Holy Redeemer Hospital and Medical Center ^{M & H}
 Lehigh Valley Hospital – Pocono ^{M & H}
 Main Line Health ^{M & H}
 Penn Medicine Lancaster General Health ^{M & H}
 Penn State Health Milton S. Hershey Medical Center ^{M & H}
 Reading Hospital/Reading Health System ^{M & H}
 St. Mary Medical Center ^{M & H}
 Thomas Jefferson University Hospital ^{M & H}
 UPMC Altoona ^{M & H}
 UPMC Hamot Medical Center ^M
 UPMC Passavant ^M
 WellSpan Gettysburg Hospital ^{M & H}

● **Leader \$2,500 to \$4,999**

Allegheny General Hospital ^M
 Chambersburg Hospital ^{M & H}
 Doylestown Hospital ^{M & H}
 Easton Hospital ^{M & H}
 Excela Health ^M
 Forbes Hospital ^{M & H}
 Grand View Hospital ^{M & H}
 Hahnemann University Hospital ^M
 Indiana Regional Medical Center ^{M & H}
 Jefferson Regional Medical Center ^{M & H}

Moses Taylor Hospital ^M
 Ohio Valley General Hospital ^{M & H}
 Saint Vincent Health System ^M
 St. Luke's Sacred Heart Campus ^{M & H}
 The Western Pennsylvania Hospital ^M
 UPMC Horizon ^{M & H}
 UPMC McKeesport ^M
 UPMC Pinnacle Hanover ^{M & H}
 UPMC Pinnacle Harrisburg ^M
 UPMC St. Margaret ^M
 Washington Health System ^{M & H}
 WellSpan Good Samaritan Hospital ^{M & H}

● **Guardian \$1,000 to \$2,499**

Abington - Lansdale Hospital ^{M & H}
 Butler Health System ^M
 Chan Soon-Shiong Medical Center at Windber ^{M & H}
 Chestnut Hill Hospital ^M
 Children's Hospital of Pittsburgh ^M
 Conemaugh Memorial Medical Center ^H
 Eagleville Hospital ^H
 Einstein Medical Center Philadelphia ^M
 Evangelical Community Hospital ^M
 Fox Chase Cancer Center ^{M & H}

Grove City Medical Center ^{M & H}
 Heritage Valley Health System – Beaver ^M
 Heritage Valley Health System – Sewickley ^M
 Jeanes Hospital ^{M & H}
 Jefferson Health - Northeast ^M
 Lower Bucks Hospital ^M
 Magee Womens Hospital of UPMC Health System ^M
 Meadville Medical Center ^{M & H}
 Mercy Catholic Medical Center ^H
 Monongahela Valley Hospital ^{M & H}
 Penn Highlands DuBois ^{M & H}
 Penn Highlands Elk ^{M & H}
 Philhaven ^M
 Phoenixville Hospital ^M
 Pottstown Hospital Tower Health ^M
 Sharon Regional Medical Center ^{M & H}
 St. Clair Hospital ^M
 St. Luke's Hospital - Palmerton Campus ^M
 St. Luke's Hospital & Health Network – Quakertown ^M
 Temple University Hospital ^{M & H}
 Uniontown Hospital ^{M & H}
 UPMC - Bedford Memorial ^{M & H}
 UPMC Somerset ^{M & H}
 UPMC Susquehanna ^{M & H}
 UPMC Susquehanna Soldiers and Sailors ^{M & H}
 Waynesboro Hospital ^{M & H}

WellSpan Ephrata Community Hospital ^M

● **Benefactor \$500 to \$999**

Children's Hospital of Philadelphia ^M
 Clarion Hospital ^M
 Good Shepherd Rehabilitation ^M
 Millcreek Community Hospital ^{M & H}
 Penn Highlands Clearfield ^{M & H}
 PennState Health St. Joseph ^M
 Roxborough Memorial Hospital ^M
 The Guthrie Clinic/Robert Packer Hospital ^M
 Tyrone Hospital ^M
 UPMC Northwest – Seneca ^M
 UPMC Pinnacle Lititz ^M
 UPMC Susquehanna Muncy ^{M & H}
 Wayne Memorial Community Health Centers ^H

● **Partner \$100 to \$499**

Clarks Summit State Hospital ^M
 Conemaugh Miners Medical Center ^{M & H}
 Corry Memorial Hospital ^M
 Ellwood City Medical Center ^M
 Penn Highlands Brookville ^{M & H}
 Titusville Area Hospital ^{M & H}
 UPMC Kane ^M
 Wernersville State Hospital ^M

DONORS

Thank you for your support of the Foundation through your philanthropic gifts during 2018.



Giving Club membership is based on a donor's total gifts for the fiscal year January 1 to December 31, 2018. Annual gifts, planned gifts, endowment gifts and matching gifts to any of the Foundation's programs qualify an individual for membership in a giving club.



GIVING CLUB | Annual Giving Level

Ambassador \$10,000 or more

Visionary \$5,000 to \$9,999

Leader \$2,500 to \$4,999

Guardian \$1,000 to \$2,499

Benefactor \$500 to \$999

Partner \$100 to \$499

Contributor Up to \$99

Please visit
www.foundationpamedsoc.org
for our benefactor, partner and
contributor lists.

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Pennsylvania Osteopathic Medical Association
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Leader \$2,500 to \$4,900

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Guardian \$1,000 to 2,499

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Gretchen Z. Miller
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Columbia River Inter-Tribal Fish Commission

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Ethel Ruth
Stella Taus
Lehigh County Medical Society

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Tulsidas N. Ragoowansi, MD
Beaver County Medical Society



TRIBUTE GIFTS



This Foundation thanks donors who recognize and celebrated **Theodore A. Christopher, MD, FACEP** as he completed his term of office as the Pennsylvania Medical Society's 168th president at the October 2018 House of Delegates.

TRIBUTE GIFTS – GIFTS RECEIVED IN HONOR OF

Theodore A. Christopher, MD, FACEP

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Dr. and Mrs. Edward P. Balaban

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Habboushe, MD

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Mr. John B. Hall

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C. Eve J. Kimball, MD

Dr. Thoman Klein

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