

NEWS FROM
THE FOUNDATION OF
THE PENNSYLVANIA MEDICAL SOCIETY

CONNECTIONS

Education. Wellness. Excellence. Always.

Honoring the Alliance — A lasting impact on the future of medicine

When thinking of those who embody the mission of The Foundation of the Pennsylvania Medical Society, few groups have made the impact on the future of medicine like the Pennsylvania Medical Society Alliance and their Alliance Medical Education Scholarship.

Over the course of nearly two decades, the Alliance has provided \$381,000 in 155 scholarships to 126 medical students.

"We always felt it was the right place to be putting our money and efforts toward because we represent the family of medicine," said Caryl Schmitz, Alliance co-president. "We knew from experience that even a couple thousand dollars could be helpful."

Scholarships are presented in amounts of \$2,500-\$3,000. Alliance Co-President Donna Baver-Rovito knows how difficult finances can be while obtaining medical education. Alliance members and their families have been through the struggles the scholarship applicants are facing.

"Many medical students graduate with a half million dollars in student loan debt – almost like taking a mortgage on a house in which they'll never get to live," Baver-Rovito said. "Our scholarships, although only a fraction of their overall debt, make their lives a little bit easier. It feels really good to see how happy they and their families are when they come to Hershey for the scholarship presentation."

Continued on page 3

The 2018 Alliance Medical Education Scholarship recipients with Donna Baver-Rovito (far left, back row), Caryl Schmitz (second from left, back row), Arlene Oyler (second from right), and Barbara Prendergast (far right).



2018 Foundation Impact Report Available

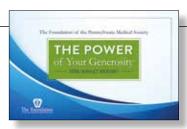
Because of your generosity in 2018, The Foundation of the Pennsylvania Medical Society changed lives.

Medical students received financial assistance, physicians struggling with substance use disorders and mental health issues received the help they needed to be well again, and health care professionals received the fair and balanced assessments needed to continue their careers.

Your generosity holds power. Evidence of this can be found in the pages of our **2018 Impact Report**. You're funding the future of medicine and ensuring the critical work happening at the Foundation can continue for many years to come.

In order to put your philanthropic donations to work, we have printed a limited supply of reports. Visit www.foundationpamedsoc.org/home/about-us/publications to view the full report. To request a printed copy, email foundation@pamedsoc.org or call (717) 558-7861.

Thank you for your support!



CONNECTIONS

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Connections

The Foundation of the Pennsylvania Medical Society 777 East Park Drive P.O. Box 8820 Harrisburg, PA 17105-8820 foundationpamedsoc.org

(717) 558-7750 In Pennsylvania: (800) 228-7823 Fax: (717) 558-7818

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MESSAGE FROM THE EXECUTIVE DIRECTOR

Milestone moments

Spring is always a time of milestone moments. Each year, as the board chair, I am blessed with the opportunity to address the graduating class of my alma mater, Linden Hall School for Girls. The commencement ceremony celebrates the hope of a new phase in life and honors the countless hours of study each young lady poured into her high school years.

Similarly, this spring, I was witness to the ending and the beginning of several historical moments for the Foundation and its partners, including the Pennsylvania Medical Society Alliance. As Alliance co-presidents, Donna Baver-Rovito and Caryl Schmitz, thoughtfully walked through the process of concluding their many years of service to the physicians in Pennsylvania and their communities, the Foundation was the recipient of their final act of generosity. The Alliance placed its



Heather A. Wilson, MSW, CFRE, FCPP

remaining assets within the Alliance Medical Education Scholarship (AMES) Fund that is managed by the Foundation of the Pennsylvania Medical Society. The Alliance, also recognized as the "hands" of PAMED, made certain that their legacy ensures the education of future physicians through the AMES Scholarship. Annually, in honor of the Alliance, the Foundation will honor the work of the Alliance with a targeted appeal to support the AMES Fund on Doctors' Day.

Likewise, the Lehigh County Medical Auxiliary concluded their many years of dedicated service to their community and as a final act of generosity, they placed their remaining assets in the Lehigh County Medical Auxiliary Scholarship and Educational Fund (LeCoMASE). The Foundation wishes to thank Marty Maffeo and all of the Lehigh County auxiliary members for their foresight to ensure that the LeCoMASE scholarship continues within the Foundation.

The Foundation also hosted its first Resiliency Summit. Nationally renowned expert, Dr. Tait Shanafelt, and a host of thought leaders including COL Catherine Kimball-Eayers, MD, the daughter of Drs. Dan and Eve Kimball from Berks County, shared their research and organizational approaches to addressing burnout among physicians and other health providers. Dr. Pamela Wible directly addressed the crisis of physicians dying by suicide, Dr. Stacia Dearmin gave voice to the pain of second-victim stress and Dr. Heather Farley outlined multiple opportunities for a health system to invest in well-being of its medical professionals. The Summit was phenomenal as multiple attendees left with hope and meaningful tools to address burnout and build resilience.

All of the Foundation milestone moments this spring were the result of the prudence and hard work of many helping hands, including the members of the Alliance and Lehigh County Auxiliary, the Foundation Board of Trustees and our generous donors, especially the hospitals that generously support the work of our Physicians' Health Program. While some stories are ending with the final chapters that preserve the legacy, dedication and commitment of many, other stories are just beginning, especially those that provide new mechanisms for coping with the daily stress of being a physician and opportunity to find personal peace and build resilience.

As I concluded my speech to the young ladies at Linden Hall, I ended with expressions of appreciation and best wishes for the next phase of their journey. For those who have closed a chapter with the Foundation, I express my deepest gratitude and remind you that your work carries on through perpetual scholarship funds that invest in the lives of future physicians. For those who are commencing to a new state of well-being after attending the Summit, I celebrate you for investing in yourself. The knowledge and skills you obtained may save the life of a colleague, or perhaps your own.

Be well,

Heather A. Wilson, MSW, CFRE, FCPP Foundation Executive Director Deputy Executive Vice President, Pennsylvania Medical Society

OUR MISSION

The Foundation of the Pennsylvania Medical Society provides programs and services for individual physicians and others that improve the well-being of Pennsylvanians and sustain the future of medicine.

Honoring the Alliance Continued from page 1

The AMES Fund was established in 2000 to financially assist deserving medical students enrolled in an accredited Pennsylvania allopathic or osteopathic medical school. The Fund has been supported by Alliance fundraising events, such

as the annual silent auction at the PAMED House of Delegates, and general and memorial contributions.

It was important to the Alliance to support medical students in Pennsylvania.

"Statistics show you tend to end up living where you go to medical school and do your residency," Schmitz said. "Ten years ago, we saw a huge shift in doctors leaving Pennsylvania. We thought we could give Pennsylvania medical students a little more reason to stay in Pennsylvania - let them know there

are people in the medical community here who are eager for them to join the ranks. I think that's a really important part of what we do."

Schmitz also noted that giving medical students an introduction to organized medicine helped spark their interest in this important area of their future chosen professions.

"The House of Delegates and the inaugural process, seeing the history of the [Pennsylvania] Medical Society with the past presidents seated in the front of the room, it gave the medical students a chance to understand the process," she said. "It opened up their eyes to the world of organized medicine - it's a wonderful thing."

The demands of implementing the scholarship program have been rigorous but rewarding for those involved with the Alliance.

"We spend long hours reading applications, ranking and scoring. After all the work, you really feel like you know [the applicants]," Schmitz said. "It's so exciting to meet them and share in the awards night. It's a fun thing to get to know these really special people."

Baver-Rovito agrees. She finds herself in awe of the applicants.

"Having had the honor to read all the applications and participate in the selection process for several years, I am both impressed and humbled by the quality of the students who apply for our scholarships," she said. "These young people are not only academically brilliant, they have an unbelievably strong sense of service and compassion for others and a deep understanding, even this early in their medical educations, of how medicine can evolve and of how they, as future physicians, can impact the lives and health of the people around them. They are the finest examples of the future of the family of medicine and it is an honor to help them in any small way we can."

When it comes to supporting the Alliance and the AMES scholarship fund, Baver-Rovito believes that every person in Pennsylvania can see the impact being made.

"Those of us who have been in the Alliance, the people

who work hard to make the AMES Fund successful, the physicians who donate prizes for the auction, bid on items and provide scholarships - we 'get' it," she said. "Not only are we members of the family of medicine, invested in the quality of medical care available in the commonwealth, we will all be patients at some point in our lives. So from both a professional and personal standpoint, it is incumbent upon us to ensure that Pennsylvania's future physicians have the support and the resources they need to complete their



The annual silent auction at the PAMED House of Delegates raised funds for the Alliance Medical Education Scholarship.

educations and to become the best new physicians they can possibly be."

As the Alliance closes a chapter of its history and hands the reigns of the AMES Fund to the Foundation to continue managing, Baver-Rovito praises the woman who started it all.

"No discussion of the AMES Fund would be complete without a strong acknowledgement of the woman who started it all - AMA Alliance Past President Barbara Prendergast," Baver-Rovito said. One of the AMES Fund scholarships is named for Barbara and Michael Prendergast. "Barbara's support of the Alliance goes back decades – if any one member personifies the work of the Alliance and the AMES Fund to improve Pennsylvania's health and serve others, it would be Barbara Prendergast. She has tirelessly worked to ensure the AMES Fund will continue to support Pennsylvania's medical students, so that even if we never held another fundraiser, the Fund will continue to provide scholarships in perpetuity."

Support the AMES Fu

The Alliance Medical Education Scholarship Fund has been making an impact on the future of medicine for nearly two decades. You can support future Pennsylvania physicians by donating to the AMES Fund and help relieve the burden of medical education expenses. Every dollar makes a difference! To make a donation, visit www.foundationpamedsoc. org/donate and select "AMES Fund" from the gift designation drop-down menu. For more information, contact Lori M. Storm, manager of philanthropy & hospital relations, at lstorm@pamedsoc.org or

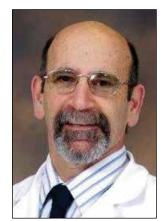
PHYSICIANS' HEALTH PROGRAM MEDICAL DIRECTOR

Confidentiality during a time of need

By Jon A. Shapiro, MD, DABAM, MRO

When it comes to seeking treatment for substance use disorders, mental health issues and behavioral concerns, confidentiality is of the utmost importance. Especially for medical professionals, usually tasked with treating others, when seeking treatment for themselves.

The addiction field is awash in regulations to protect individual confidentiality. Patient confidentiality means that access to medical records is limited to those involved in care or individuals designated by the patient. Records must be kept in accordance with state and federal regulations, from the well-known HIPAA to the obscure 42 CFR. These rules protect the patients' privacy, but also may constrain the flow of information.



Jon A. Shapiro, MD, DABAM, MRO

"Fear of the shame of discovery can prevent people from seeking care, so it is paramount that patients know that their health information is regarded as private and protected."

Confidentiality is the state of keeping secret or private. It is our patients' legal right that we honor. It is related to but separate from the anonymity that surrounds the 12-step programs like Alcoholics Anonymous. The anonymity of AA is designed to protect the individual's privacy and to keep the spotlight on the organization and the spiritual process in these peer-oriented programs. It is a right that is claimed by the recovering individual.

Confidentiality in health care is an all-pervasive approach to patient care, record keeping and communication which is imposed by law. All private health care information is treated with a need-to-know approach bolstered with proper release of information forms.

The importance of confidentiality stems from the sensitivity of addiction. There is a great deal of judgment, prejudice and bias against individuals who live with substance use disorder and other psychiatric illness. Although it is illegal to discriminate against recovering individuals, this information can still lead to discrimination in housing and hiring. Fear of the shame of discovery can prevent people from seeking care, so it is paramount that patients know that their health information is regarded as private and protected.

In our Pennsylvania Physicians' Health Program (PHP) office, confidentiality is foremost in our minds. Proper releases of information are necessary for us to communicate any information about our participants. In fact, we are required to

deny knowledge of any individual unless we have a properly executed release. The PHP is compliant with our records storage. Our written records are stored in a locked room and our electronic files are password protected. We destroy all traces of paper record by shredding.

Confidentiality ensures that the PHP is able to maintain an alternative to disciplinary treatment of recovering doctors. We are not required to report people who are seeking help with their mental health. Health care practitioners can come to us for assistance without fear that we will report them to their licensing board.

There are some drawbacks to the confidentiality of records. Misunderstandings abound among health care workers and this can impede the necessary flow of information among referral sources and treatment centers. Office and hospital staff occasionally refuse to send information even if there is a legitimate need and properly written release.

The PHP serves the moral and legal policies for privacy. We operate with an open door to encourage recovery and secure records to ensure confidentiality.



National Physician Suicide Awareness Campaign

With more than 400 deaths each year, suicide among physicians is a crisis we cannot ignore. Nearly every person in the medical community has been affected by physician suicide.

Whether it is the loss of a friend, colleague or mentor, the Foundation looks to honor these stories and raise awareness about this critical issue.

If you would like to share the story of someone you lost, please contact Cassie Davis at cdavis@pamedsoc.org or (717) 558-7839.

We plan to share these powerful anecdotes during the month of September, which is National Suicide Awareness Month. Sept. 16 is National Physician Suicide Awareness Day.



Raymond C. Truex, Jr. MD, FACS, FAANS

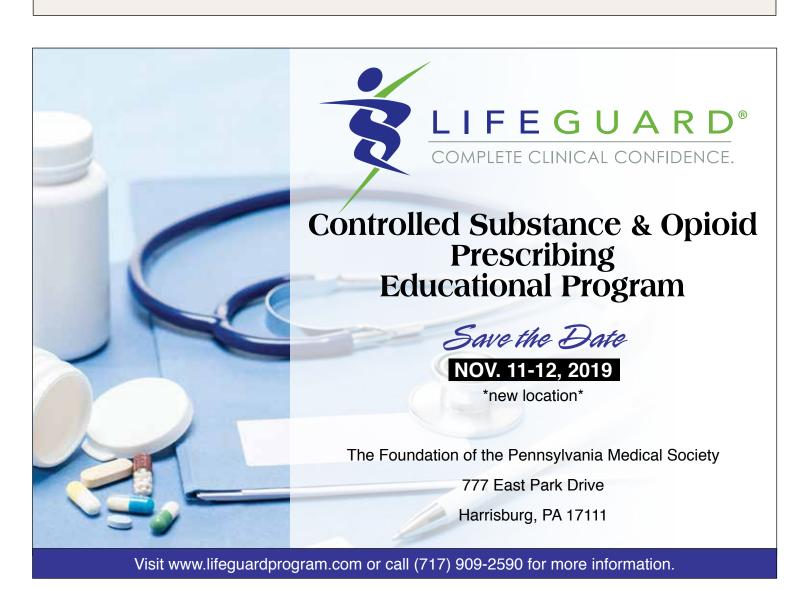
Dr. Raymond Truex, Jr. to receive award at House of Delegates

The Foundation of the Pennsylvania Medical Society would like to extend a sincere congratulations to Raymond C. Truex, Jr., MD, FACS, FAANS, who will receive the Pennsylvania Medical Society's Distinguished Service Award at the House of Delegates on Oct. 26, 2019, at the Hershey Lodge & Convention Center.

Dr. Truex is a tireless advocate for physicians in recovery. He has been sober for 32 years and is a champion for those participating in the Physicians' Health Program.

He has served as a trustee on the board of the Foundation of the Pennsylvania Medical Society since 1999. Dr. Truex retired in 2017 after an impressive career in neurosurgery, and in July of that year, he joined the Physicians' Health Program as a part-time medical director.

The Foundation looks forward to honoring Dr. Truex on Oct. 26.





MAKING PHYSICIAN HEALTH A PRIORITY

Physician
Resiliency
Summit
educates
and inspires

On June 5, 2019, more than 75 professionals from the field of medicine gathered at the Eden Resort in Lancaster for The Foundation of the Pennsylvania Medical Society's Physician Resiliency Summit. The event came at a crucial time in history. The issues of burnout and stress, especially for doctors, are critical. Carrying the weight of this profession presents unique challenges. Thought leaders from across the country gathered to educate and spark discussion, and those in attendance found the day inspiring and valuable.

As attendees from across
Pennsylvania, Rhode Island and
Maryland arrived, they began with
a mindfulness activity hosted by
a resiliency advantage coach from
Lancaster General Health – Penn
Medicine. The centering start
set the tone for a day of focusing
on health, wellness and selfreflection.

Dr. Tait Shanafelt kicked off the Summit with an inspiring morning keynote session. Dr. Shanafelt is the chief wellness officer, associate dean, and Jeanie and Steward Richie Professor of Medicine at Stanford University. In addition to his work as a hematologist/oncologist whose clinical work focuses on care of patients with chronic lymphocytic leukemia, Dr. Shanafelt is an international thought leader and researcher in the field of physician well-being and its implications for quality of care. After his pioneering studies nearly 20 years ago, he is credited with launching the entire field of organizational efforts to promote physician well-being.

Dr. Shanafelt led attendees on a review of literature addressing physician satisfaction and burnout. He also discussed the data on the personal and professional repercussions of physician distress. And in an effort to help others, he provided highlights of personal and organizational approaches to promote physician well-being.

During a breakout session after his keynote, Dr. Shanafelt helped attendees identify personal and professional values. Through a guided activity, he led an evaluation of self-care strategy and explored ways to increase meaning in work.





Dr. Pamela Wible

As the afternoon keynote speaker, Dr. Pamela Wible began the second half of the day on a somber but critical topic physician suicide. The family medicine physician from Eugene, Oregon, shared results from her seven-year investigation into nearly 1,300 physician suicides. Dr. Wible explained how she discovered the reason that her family of physicians told her not to pursue medicine. To heal patients, she first needed to heal her profession. When she is not treating patients, she is dedicated to medical student and physician suicide prevention. She provided attendees with concrete solutions to inspire individuals and institutions to safeguard the lives of wounded healers.

Attendees also heard from a wide variety of speakers during the breakout sessions throughout the day.



Dr. Stacia Dearmin led an important discussion on how to deal with the adverse outcomes of

the profession. She is the founder of Thrive: Insight, Education, Support. She is a physiciancoach committed to supporting physicians coping with these unexpected situations, as well as medical malpractice litigation. Dr. Dearmin helps colleagues find their way by alleviating isolation and providing insight in the midst of the toughest experience many will have. Through sharing her personal experience, she inspired and uplifted attendees. She also is a practicing and teaching physician with the Division of **Emergency Services of Akron** Children's Hospital in Ohio.



Dr. Heather Farley

Dr. Heather Farley assured attendees that joy in medicine is possible - and during her breakout session, she shared the platform which led to the creation of Christiana Care Health System's Center for Provider Wellbeing in Newark, Del. As chief wellness officer at Christiana, Dr. Farley focuses on optimizing the experience of providing care for clinicians. She shared strategies and ideas for attendees to foster joy in work in their own health systems. In addition to her innovative and groundbreaking work in the area of physician wellness, Dr. Farley

continues to practice and teach emergency medicine in one of the busiest emergency departments in the country.



COL Catherine Kimball-Eayrs is the chief experience officer at Walter Reed National Military Medical Center. She shared lessons learned from Walter Reed's decision to create an Office of Experience to better impact both patient and staff experience. She brought a unique perspective as both a military and medical professional. COL Kimball-Eayrs explained how creating a culture that focuses on joy directly impacted staff experience and resilience, and in turn resulted in better overall patient outcomes. Before joining Walter Reed, COL Kimball-Eavrs' career took her to Fort Hood, Texas, and Fort Lewis, Washington. She has also served on two deployments - one to Iraq in 2006, and another to Kuwait in 2015.

The day concluded with attendees taking a moment of mindfulness to decompress and reflect on what they learned. With plenty to take back and implement, the Foundation is grateful to those who took time out of their busy schedule to make their health a priority.

Professional • Personal • Peace

This year's AMES recipients include:



The Foundation of the Pennsylvania Medical Society



Matthew M. Duda
Perelman School of Medicine, University of Pennsylvania
Class of 2021
Robert and Arlene Oyler Award – \$3,000



Amelia M. Mackarey
Geisinger Commonwealth School of Medicine
Class of 2020
Dr. William J. West Jr. Award – \$3,000



Benjamin J. CarnahanPenn State University College of Medicine
Class of 2020
Barbara Prendergast Award – \$2,500



Zachary M. WeisnerLake Erie College of Osteopathic Medicine *Class of 2021*DCMSA Award – \$2,500



Jacob A. Jerome University of Pittsburgh School of Medicine Class of 2021 \$2,500

In 2019, the Alliance Medical Education Scholarship awarded a total of \$13,500 to five students.

Since 2003, a total of 155 scholarships have been awarded to 126 students totaling \$381,000.

APPLY NOW FOR THESE SCHOLARSHIPS THROUGH SEPT. 30

Please apply online at www.foundationpamedsoc.org/student-financial-services/scholarships.

Allegheny County Medical Society Medical Student Scholarship — \$4,000
Blair County Medical Society Scholarship — \$1,000
Endowment for South Asian Students of Indian Descent Scholarship — \$3,000
Lehigh County Medical Auxiliary's Scholarship and Educational Fund — \$2,500
Lycoming County Medical Society Scholarship — \$3,000
County Medical Society—William W. Lander, MD, Medical Student Scholarship —

Montgomery County Medical Society—William W. Lander, MD, Medical Student Scholarship — **(two) \$2,000**Myrtle Siegfried, MD, and Michael Vigilante, MD, Scholarship — **\$1,000**Scott A. Gunder, MD, DCMS Presidential Scholarship — **\$1,500**Shah Family Scholarship — **(two) \$5,000**

SCHOLARSHIP PRESENTATIONS



On Feb. 2, Morgan Chambers and Hannah Bohr were honored as the 2018 Lycoming County Medical Society Scholarship recipients at the Lycoming County Medical Society Annual Meeting at the Williamsport Country Club in Williamsport. Chambers is a third-year student at Penn State University College of Medicine and Bohr is a third-year student at Geisinger Commonwealth School of Medicine.



A note of gratitude

Gillian Naro was a 2018 recipient of the AMES and Gunder/DCMS scholarships. She provided a thank-you note for each scholarship. A combined excerpt of her thank-you notes can be found below.

Dear donor,

I wanted to take a moment to let you know I have been thinking of your generosity, throughout my past year of medical school. I have just completed my third year at Penn State College of Medicine. In the last year, I have participated in life-saving surgeries, I helped women give birth, I worked with patients to help them quit smoking, I gave vaccines to kiddos, and I comforted family members when they went through difficult times. This past year was by far the most formative of my medical school career, and I had the opportunity to focus on integrating my clinical knowledge with the humanism of clinical practice without the full burden of my medical school tuition. I was able to do this because of your gift. Your support to medical students helps us be better doctors. I think about you often. When I see a patient on the wards show kindness, I think of your kindness. When I see a physician's generosity toward a patient, I think of your generosity. Your gift means so much to me and I hope in the future I will be lucky enough to pass this generosity on to future generations

Thank you for all you have done for me.

Best wishes, Gillian Naro PSU, Class of 2020



On April 14, Elizabeth Joseph was recognized as the 2018 recipient of the Myrtle Siegfried, MD, and Michael Vigilante, MD, Scholarship, at a brunch at the Lehigh Country Club in Allentown. Joseph has just completed her first-year at New York University School of Medicine.

Condolences

The Foundation extends deepest sympathy to Barbara Prendergast on the passing of her husband, Michael Prendergast, on May 29, 2019. Michael served as PAMED Board Chair from 2000-2003. The Foundation is grateful for the valuable time and talents both Barbara and Michael dedicated to the Foundation, the Pennsylvania Medical Society Alliance and the Pennsylvania Medical Society.



The Foundation of the Pennsylvania Medical Society

Thank you to our hospital sponsors who supported The Foundation of the Pennsylvania Medical Society and Physicians' Health Program in 2018. We are grateful for your generous support!

Hospital Support

Ambassador \$10,000 and Above

Geisinger Medical Center - M & H
Lehigh Valley Hospital - Cedar Crest, Hazleton,
Muhlenberg, Schuykill - M & H
Mount Nittany Medical Center - M & H
Penn Medicine at Chester - M
St. Luke's University Health NetworkBethlehem Campus - M & H
WellSpan York Hospital - M & H

Visionary \$5,000 to \$9,999

Abington Hospital - Jefferson Health - M & H Holy Redeemer Hospital and Medical Center -M & H

Lehigh Valley Hospital – Pocono - M & H Main Line Health - M & H Penn Medicine Lancaster General Health -

M & H Penn State Health Milton S. Hershey Medical Center - M & H

Reading Hospital/Reading Health System -

M & H
St. Mary Medical Center - M & H

Thomas Jefferson University Hospital - M & H UPMC Altoona - M & H

UPMC Hamot Medical Center - M

UPMC Passavant - M

WellSpan Gettysburg Hospital - M & H

Leader \$2,500 to \$4,999

Allegheny General Hospital - M
Chambersburg Hospital - M & H
Doylestown Hospital - M & H
Easton Hospital - M & H
Excela Health - M
Forbes Hospital - M & H
Grand View Hospital - M & H
Hahnemann University Hospital - M
Indiana Regional Medical Center - M & H
Jefferson Regional Medical Center - M & H
Moses Taylor Hospital - M
Ohio Valley General Hospital - M & H
Saint Vincent Health System - M

St. Luke's Sacred Heart Campus - M & H
The Western Pennsylvania Hospital - M
UPMC Horizon - M & H
UPMC McKeesport - M
UPMC Pinnacle Hanover - M & H
UPMC Pinnacle Harrisburg - M
UPMC St. Margaret - M
Washington Health System - M & H
WellSpan Good Samaritan Hospital - M & H

Guardian \$1,000 to \$2,499

Abington - Lansdale Hospital - M & H Butler Health System - M Chan Soon-Shiong Medical Center at Windber - M & H Chestnut Hill Hospital - M Children's Hospital of Pittsburgh - M Conemaugh Memorial Medical Center - H Eagleville Hospital - H Einstein Medical Center Philadelphia - M Evangelical Community Hospital - M Fox Chase Cancer Center - M & H Grove City Medical Center - M & H Heritage Valley Health System - Beaver - M Heritage Valley Health System - Sewickley - M Jeanes Hospital - M & H **Jefferson Health - Northeast - M** Lower Bucks Hospital - M Magee Womens Hospital of UPMC Health System - M Meadville Medical Center - M & H

Monongahela Valley Hospital - M & H Penn Highlands DuBois - M & H Penn Highlands Elk - M & H Philhaven - M Phoenixville Hospital - M Pottstown Hospital Tower Health - M Sharon Regional Medical Center - M & H

Mercy Catholic Medical Center - H



Somerset Hospital - M & H
St. Clair Hospital - M
St. Luke's Hospital - Palmerton Campus - M
St. Luke's Hospital & Health Network —
Quakertown - M
Temple University Hospital - M & H
Uniontown Hospital - M & H
UPMC - Bedford Memorial - M & H
UPMC Susquehanna - M & H
UPMC Susquehanna Soldiers and Sailors - M & H
Waynesboro Hospital - M & H
WellSpan Ephrata Community Hospital - M

Benefactor \$500 to \$999

Children's Hospital of Philadelphia - M
Clarion Hospital - M
Good Shepherd Rehabilitation - M
Millcreek Community Hospital - M & H
Penn Highlands Clearfield - M & H
PennState Health St. Joseph - M
Roxborough Memorial Hospital - M
The Guthrie Clinic/Robert Packer Hospital - M
Tyrone Hospital - M
UPMC Northwest – Seneca - M
UPMC Pinnacle Lititz - M
UPMC Susquehanna Muncy - M & H
Wayne Memorial Community Health Centers - H

Partner \$100 to \$499

Clarks Summit State Hospital - M
Conemaugh Miners Medical Center - M & H
Corry Memorial Hospital - M
Ellwood City Medical Center - M
Penn Highlands Brookville - M & H
Titusville Area Hospital - M & H
UPMC Kane - M
Wernersville State Hospital - M

Key

M = Medical Staff Donation

H = Hospital Administration Donation

M & H = Medical Staff & Hospital Administration Donation



You are busy, you want to show your support of the Foundation... let us help you make it a little bit easier!

Consider joining the **Foundation 2019 Sustainer's Circle** – a special group of donors who provide a sustaining stream of support for Foundation programs through their regularly scheduled and easy monthly contributions.

Thank you to our current Foundation Sustainer's Circle Members

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Education

We offer scholarships and low-interest rate loans to our future physicians. Medical students are graduating with upwards of \$250,000 in debt, and, with your help, the Foundation has invested nearly \$20 million in the education of physicians.

Wellness

Every day at least 450 physicians suffering from substance use disorders, mental health and behavioral concerns are supported by the Physicians' Health Program. Your gifts help the PHP restore careers and confidence by helping more than 4,300 eligible health care professionals seek and receive the recovery care that enables them to safely return to work and lead a healthier and sober life.

Excellence

LifeGuard respectfully provides a path for physicians who are re-entering medicine or who are in need of clinical skills remediation. Your support of LifeGuard provides physicians a pathway and a trusted resource to self-assess when there are clinical or cognitive concerns.

Always

Your gift to the Foundation means we will always have the needed financial resources to change and improve the lives and careers of Pennsylvania physicians.

Please contact **Lori Storm**, manager of Philanthropy & Hospital Relations at lstorm@pamedsoc.org or



(717) 558-7861 for further discussion on how your business commitment can benefit our shared community health. Thank you!

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