



Professional • Personal • Peace

JUNE 5, 2019

Schedule

8-9 a.m.	Registration
8:15-8:45 a.m.	Mindfulness Exercise
9-9:15 a.m.	Welcome & Introductions
9:15-10:15 a.m.	Morning Keynote Tait Shanafelt, MD Factors Addressing Burnout & Addressing Physician Resiliency
10:15-10:30 a.m.	Recovery Break
10:30 a.m.-12 p.m.	Breakout Sessions Resiliency Strategies – Tait Shanafelt, MD Finding Joy in Your Work – COL Catherine Kimball-Eayrs
12-1:30 p.m.	Lunch
12:30-1:30 p.m.	Afternoon Keynote Pamela Wible, MD Physician Suicide: Prevention and Intervention
1:30-2:30 p.m.	Breakout Sessions Second-Victim Stress – Stacia Dearmin, MD Finding Joy in Your Work – COL Catherine Kimball-Eayrs Strategies for Achieving Joy in the Workplace – Heather Farley, MD, MHCDS, FACEP
2:30-3 p.m.	Recovery Break
3-4 p.m.	Breakout Sessions Second-Victim Stress – Stacia Dearmin, MD Strategies for Achieving Joy in the Workplace – Heather Farley, MD, MHCDS, FACEP
4-4:30 p.m.	Mindfulness Activity