

Controlled Substance & Opioid Prescribing Educational Program



- Be smart.
- Be safe.
- Be sure.**

A Public Health Advocacy Program from the Pennsylvania Medical Society

LOCATION: Penn Med Clinical Simulation Center
1800 Lombard St., 2nd Floor
Philadelphia, PA 19146

COST: \$2,550

DATES: Visit our website to obtain a list of dates
for courses or find out how to request a date
25.5 CME credits offered**

Register online at www.LifeGuardProgram.com

**Live Presentation: Controlled Substance and Opioid Prescribing Educational Program - The Pennsylvania Medical Society designates this live activity for a maximum of 16.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Pre-course Enduring Materials: The Pennsylvania Medical Society designates these enduring materials for a maximum of 9.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activities.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the Pennsylvania Medical Society and The Foundation. The Pennsylvania Medical Society is accredited by the ACCME to provide continuing medical education for physicians.





LifeGuard offers a comprehensive program led by Penn Medicine faculty, that covers prescribing issues for physicians who want to become more comfortable with controlled substances and opioid guidelines.

The 2-day program includes case-based discussions completed in a small group format, combined with skills training through the use of standardized patients.

“The LifeGuard approach is intended to go beyond passive education, identifying not only educational gaps but also practice-based variations, providing the physician with opportunities to recognize individual issues and make substantial improvements to their practice of controlled substance and opioid prescribing with the tools offered by this program.”

– Program Director Marcia A. Lammando, RN, BSN, MHSA

“We have joined with LifeGuard to offer this comprehensive review of material physicians need to know about the opioid and controlled substance issues. We combine case-based education with real-world training using standardized patients, so that physicians who have taken this course are comfortable moving forward in their practice.”

– Michael Ashburn, MD, MPH, Professor of Anesthesiology and Critical Care Director, Pain Medicine, Penn Pain Medicine Center

The goals of the educational program are:

- Describe the nature of chronic pain and options for its treatment.
- Select patients who are appropriate candidates for opioid management of chronic pain.
- Recognize the importance of consistent screening for risk prior to prescribing.
- Outline a time-efficient method of conducting risk screening.
- Recognize the importance to establish and document treatment goals.
- Discuss the role that opioid agreements play in the provision of chronic opioid therapy.
- Follow an evidence-based protocol for starting patients on opioid analgesic therapy, including safely initiating and titrating opioids, particularly the new CDC guidelines just published.
- Follow an evidence-based method for monitoring of patient’s response to therapy, including both the efficacy and safety of opioid therapy.
- Outline importance of medication reconciliation at each visit.
- Recognize the usefulness of the PDMP when prescribing and dealing with patient issues surrounding opioid/controlled substances utilization and patterns.
- Recognize problematic or aberrant drug-taking behaviors and be able to distinguish unintentional misuse, chemical coping from deliberate misuse, abuse, addiction and diversion.
- Outline a time-efficient approach to dealing appropriately with aberrant drug-taking behaviors, including opioid dose adjustment, discontinuation of opioid therapy, and possible referral to specialist care, including addiction treatment programs when indicated.
- Outline appropriate documentation parameters specific to opioid/controlled substance prescribing and ongoing care.

Sessions include an overview of CDC and state guidelines. We will assess personal prescribing habits through chart review.

BE SMART, BE SAFE, BE SURE

Program Syllabus

PRIOR TO ON-SITE EDUCATIONAL PROGRAM

Core Curriculum

Literature Review – 5 articles (1 hour each)

DAY 1

7:30 AM – 8:00 AM	Registration and Continental Breakfast
8:00 AM – 9:00 AM	Introduction
9:00 AM – 10:45 AM	Session 1 Interdisciplinary pain care: Where do opioids fit in?
10:45 AM – 11:00 AM	Morning Break
11:00 AM – 12:30 PM	Session 1 Standardized Patients
12:30 PM – 1:30 PM	Lunch
1:30 PM – 3:00 PM	Session 2 Opioid Therapy: Does it work, and at what cost?
3:00 PM – 3:15 PM	Afternoon Break
3:15 PM – 4:45 PM	Session 2 Standardized Patients
4:45 PM – 5:30 PM	Day 1 Wrap-up Reflection on Lessons Learned

DAY 2

7:00 AM – 7:30 AM	Continental Breakfast
7:30 AM – 9:00 AM	Session 3 Starting / taking over chronic opioid therapy and ongoing monitoring
9:00 AM – 10:30 AM	Session 3 Standardized Patients
10:30 AM – 10:45 AM	Morning Break
10:45 AM – 12:15 PM	Session 4 Treatment Failure: What to do when things are not going well
12:15 – 1:15 PM	Lunch
1:15 PM – 2:45 PM	Session 4 Standardized Patients
2:45 PM – 3:00 PM	Afternoon Break
3:00 PM – 4:45 PM	Session 5 Putting it all together
4:45 PM – 5:30PM	Day 2 Wrap-up

Visit www.LifeGuardProgram.com for the full curriculum.

Knowledge ASSESSMENT (post-education)

Through the use of interactive methods, the program will assess the physician's knowledge which has been gained by participation in the program. This element will include the following:

- Small group discussion
- Standard patient exercises
- Post-test to include record review by the participant, knowledge-based testing

Ongoing MONITORING

Ongoing monitoring of a physician's practice can be offered by LifeGuard for a specified period of time in an effort to measure compliance with guidelines and evaluate educational outcomes, when applicable or requested.

OPIOIDS FOR PAIN

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Faculty LEADERS

Michael A. Ashburn, MD, MPH, MBA: is professor of Anesthesiology and Critical Care, and a Senior Fellow of the Leonard Davis Institute of Health Economics at the University of Pennsylvania. He is the director of Penn Pain Medicine. He is currently serving on the Pennsylvania State Task Force on Prescription Drug Abuse and well as a task force to develop a state-wide core competencies for the prevention and management of prescription drug abuse for use by Pennsylvania medical schools.

Martin D. Cheatle, PhD: is currently director of Behavioral Medicine at the Penn Pain Medicine Center; director, Pain and Chemical Dependency Research at the Center for Studies of Addiction, University of Pennsylvania, and director, Behavioral Medicine Center at the Reading Health System.

Faculty

Ignacio J. Badiola, MD: joined the University of Pennsylvania's Pain Center in 2014 after many years of private practice pain management. He is currently an assistant professor in the Department of Anesthesiology and Critical Care at the University of Pennsylvania.

Board certified in both Anesthesiology and Pain Medicine, he has extensive experience and interest in the multi-disciplinary pain management of acute, chronic, benign and malignant pain.

Wayne A. Godfrey, MD: joined the faculty at the University of Pennsylvania as an assistant professor in the Department of Anesthesiology and Critical Care in July 2015. In addition, he is an attending physician at the Michael J. Crescenz Veterans Affairs Medical Center in Philadelphia, in the Pain Medicine Division.

Veena Graff, MD: is a board-certified anesthesiologist with subspecialty expertise in pain medicine. Currently an assistant professor of Clinical Anesthesiology and Critical Care, she is also an attending anesthesiologist at the Hospital of the University of Pennsylvania and the Penn Presbyterian Medical Center and an attending pain medicine physician at Penn Pain Medicine. Her clinical expertise includes the multimodal management of chronic non-cancer and cancer pain.

Marcia A. Lammando, RN, BSN, MHSA: is the LifeGuard® program director providing infrastructure development and program enhancements. Key areas of expertise include physician clinical assessment methodologies; state and federal healthcare regulatory and licensing requirements, as well as physician and adult education and learning modalities and programmatic conceptual design.

Todd Sagin, MD, JD: is a physician executive recognized across the nation for his work with hospital boards, medical staffs and physician organizations. He is the medical director of LifeGuard® as well as the national medical director of Sagin Healthcare, LLC, and HG Healthcare Consultants, LLC, which provides guidance of a wide range of health care issues. Dr. Sagin is board certified in family medicine and geriatrics and teaches and practices in community hospital and university settings.

Peter K. Yi, MD: is board certified in Anesthesiology, Pain Medicine, as well as Palliative and Hospice Care and is a licensed physician acupuncturist. Currently an assistant professor of Clinical Anesthesiology and Critical Care, his clinical interests include acute and chronic pain, interventional procedures, and cancer pain.

Call **717.909.2590** or visit **LifeGuardprogram.com**
for additional information